



Damflask Road Relays 27th June 2017 Incorporating the South Yorkshire Road Relay Championships



Sponsored by **UP & RUNNING**

Womens Results 2017

Pos	Num	Club	Category	Time	Leg A	Leg B	Leg C
1	134	Steel City Striders	Senior Women	67:35	Caroline Brock 22:51 (7)	Sian Evans 22:12 (1)	Jennifer Rich 22:32 (1)
2	101	Barnsley AC	Senior Women	68:44	Alice Moore 21:31 (2)	Taylor Hammond 24:29 (4)	Lisa Skinner 22:44 (2)
3	171	Sheffield RC	Senior Women	69:16	Sarah Lowrey 21:21 (1)	Samya Armouh 23:58 (2)	Abigail Knight 23:57 (3)
4	102	Barnsley AC	Womens F35	69:20	Kaeti Mackenzie 21:39 (3)	Naomi Biddlestone 24:31 (5)	Kerry Storrar 23:10 (4)
5	130	Rotherham Harriers	Womens F35	70:30	Fiona Davies 22:05 (5)	Cath Eddison 23:20 (3)	Tammy Hague 25:05 (5)
6	160	Totley AC	Senior Women	70:41	Hazel Tant 23:14 (10)	Lisa Giampalma 23:35 (6)	Despina Berdeni 23:52 (6)
7	156	Totley AC	Womens F35	70:47	Fiona Kesteven 22:58 (8)	Caz Kay 24:35 (9)	Sara Eames 23:14 (7)
8	114	Kimberworth Striders	Senior Women	72:00	Elly Woodhead 23:58 (15)	Anna Hardman 22:56 (7)	Rebecca Hunt 25:06 (8)
9	148	Penistone Footpath Runners	Senior Women	72:59	Lesley Parker 22:59 (9)	Laura Gill 24:35 (10)	Megan Button 25:25 (9)
10	172	Sheffield RC	Senior Women	73:14	Ellen Mcleod 24:09 (17)	Rachel Miller 25:59 (14)	Sarah Lowery 23:06 (10)
11	113	Kimberworth Striders	Womens F35	73:38	Joanne Bolton 23:36 (11)	Adelle Marsden 24:39 (11)	Claire Chapman 25:23 (11)
12	164	Doncaster AC	Senior Women	73:44	Nicola Devine 21:57 (4)	Shaz Wood 25:18 (8)	Rose James 26:29 (12)
13	107	Clowne Road Runners	Senior Women	73:59	Natalie Crofts 23:51 (14)	Gemma Scougal 25:19 (12)	Delphine Pearson 24:49 (13)
14	135	Steel City Striders	Senior Women	74:02	Valeria Gasparini 23:59 (16)	Amy Housley 25:39 (13)	Simone Young-Alls 24:24 (14)
15	145	Penistone Footpath Runners	Mens M60	75:38	Steve Storey 23:49 (13)	Kelvin Bowskill 26:23 (15)	Bill Phillips 25:26 (15)
16	129	Porter Valley Plodders	Senior Women	75:55	Caroline Lloyd 23:41 (12)	Rachel George 27:01 (17)	Claire Dutson 25:13 (16)
17	128	Denby Dale AC	Womens F35	76:40	Katie Sharp 25:02 (24)	Jo Worboys 25:20 (16)	Rachael Lee 26:18 (17)
18	105	Barnsley AC	Womens F45	76:57	Jenny Wakeman 24:53 (22)	Carol Morrell 27:28 (23)	Gail Colville 24:36 (18)
19	170	Kimberworth Striders	Mens M60	77:03	Malcolm Senior 24:35 (19)	Richard Finney 27:20 (20)	Pat Rooney 25:08 (19)
20	157	Totley AC	Womens F35	77:49	Jaimie Buckley 24:27 (18)	Roz Massey 26:26 (18)	Clare Howarth 26:56 (20)
21	158	Totley AC	Womens F45	78:39	Penny Sadler 24:46 (20)	Pat Goodall 27:22 (22)	Deborah Lodge 26:31 (21)
22	136	Steel City Striders	Senior Women	78:49	Jeni Harvey 24:55 (23)	Leisha Shiner 28:05 (25)	Claire Grisdale 25:49 (22)
23	152	Penistone Footpath Runners	Womens F45	79:20	Dawn Broom 26:13 (29)	Juile Darigala 25:37 (19)	Juile Moxon 27:30 (23)
24	150	Penistone Footpath Runners	Womens F35	80:55	Jude Matthews 27:39 (37)	Jill Carlton 26:41 (27)	Heather Simpson 26:35 (24)
25	163	Askern & District AC	Womens F35	81:02	Susie Warris 25:28 (25)	K Wordsworth 31:04 (39)	Karen Ball 24:30 (25)
26	115	Kimberworth Striders	Senior Women	81:12	Sarah Millns 26:03 (27)	Natalie Sheldon 26:23 (24)	Caroline Saunders 28:46 (26)
27	142	Valley Hill Runners	Senior Women	82:08	Nicola Adamson 26:42 (32)	Amanda Knagg 27:39 (28)	Rachel Goacher 27:47 (27)
28	189	Denby Dale AC	Senior Women	82:09	Emma Worsley 25:51 (26)	Laura Hartshorne 28:08 (26)	Kate Fraser 28:10 (28)
29	184	Barnsley Harriers	Senior Women	82:10	Kelly Ford 28:53 (52)	Aoife Dyson 26:09 (34)	Katie Roberts 27:08 (29)
30	131	Rotherham Harriers	Womens F35	82:30	Dianne Elliott 24:47 (21)	Anne Homer 27:18 (21)	Sasha Gallagher 30:25 (30)
31	173	Sheffield RC	Senior Women	82:36	Sian Dickinson 27:40 (38)	Gemma Johnson 27:00 (33)	Sarah Gilbert 27:56 (31)
32	165	Doncaster AC	Womens F35	82:40	Janet Kerry 27:43 (39)	Marie-Louise Taylor 26:50 (30)	Michelle Ward 28:07 (32)
33	106	City Of Sheffield Dearne AC	Womens F35	83:10	Sonia Lee 27:55 (43)	D Spooner 26:41 (31)	Caroline Fuller 28:34 (33)
34	161	Totley AC	Senior Women	83:13	Susie Wall 27:45 (40)	Corin Leach 29:45 (48)	Tamara Mitchell 25:43 (34)
35	186	Barnsley Harriers	Senior Women	84:05	Shelley Brookes 26:14 (30)	Amanda Fowler 28:22 (31)	Sarah Taylor 29:29 (35)
36	174	Sheffield RC	Senior Women	84:20	Helen Cameron 28:51 (51)	Claire Wolstenholme 28:30 (45)	Helen Anayiotos 26:59 (36)
37	153	Penistone Footpath Runners	Womens F45	84:21	Sarah Plummer 29:52 (66)	Valentina Wright 26:58 (41)	Andrea Henson 27:31 (37)
38	103	Barnsley AC	Womens F35	84:22	Janette Jackson 27:01 (33)	Faye Lund 27:29 (29)	Rachael Lancaster 29:52 (38)
39	138	Steel City Striders	Senior Women	84:56	Sophie Reale 29:23 (60)	Laura Fletcher 28:02 (46)	Charlotte Civico 27:31 (39)
39	146	Penistone Footpath Runners	Mens M60	84:56	Keith Gordon 27:27 (36)	Dave Needham 29:50 (44)	Dave Foster 27:39 (39)
41	116	Kimberworth Striders	Senior Women	85:16	Nicolette Archer 28:17 (46)	Vicky Beckitt 27:55 (36)	Louise Siddall 29:04 (41)
42	124	Kingstone	Womens F45	85:17	Tracey Hughes 28:35 (48)	Zoe Goddard 28:56 (49)	Paula Newton 27:46 (42)
43	162	Totley AC	Mens M60	85:27	Tony Whitehouse 22:32 (6)	Gavin Ewan 33:47 (37)	Colin White 29:08 (43)
44	190	Denby Dale AC	Womens F35	85:31	Sue Kaye 29:10 (56)	Vickey McClelland 28:45 (51)	Sam Wood 27:36 (44)
45	149	Penistone Footpath Runners	Senior Women	85:32	Becky West 29:35 (64)	Ashleigh Bowskill 27:52 (47)	Sue Johnstone 28:05 (45)
46	154	Penistone Footpath Runners	Womens F45	86:23	Nell Law 29:26 (61)	Rachel Jarvis 29:40 (56)	Anne Beresford 27:17 (46)
47	139	Steel City Striders	Womens F35	86:40	Nicola Ross 26:08 (28)	Becky Chapman 30:57 (42)	Helen Wakefield 29:35 (47)
48	166	Doncaster AC	Senior Women	86:41	Kate Willett 27:08 (34)	Andrea Robinson 29:11 (37)	Jodi Savage 30:22 (48)
49	109	Clowne Road Runners	Womens F45	86:59	Julie King 28:48 (50)	Jackie Robson 27:55 (40)	Heather Brennan 30:16 (49)
50	108	Clowne Road Runners	Senior Women	87:13	SJ Massingham 30:58 (70)	Suzanne Leusby 31:09 (69)	Natalie Crofts 25:06 (50)
51	137	Steel City Striders	Senior Women	87:23	Hannah Cantrill 29:41 (65)	Rosie Smith 33:02 (71)	Amy Earnshaw 24:40 (51)
52	140	Steel City Striders	Womens F45	87:26	Caroline Welton 27:50 (42)	Louise Cousins 32:04 (61)	Caroline Greenough 27:32 (52)
53	110	Danum Harriers	Womens F35	88:11	Michelle Skillcorn 29:14 (58)	Joanne Derx 30:27 (59)	Eleanor Bull 28:30 (53)



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Womens Results 2017

54	117	Kimberworth Striders	Senior Women	88:13	Helen Doyle	29:32	(63)	Laura Evans	29:13	(53)	Natalie Harp	29:28	(54)
55	151	Penistone Footpath Runners	Womens F35	88:15	Julia Cobham	28:08	(44)	Faye Williams	28:03	(35)	Kate Booth	32:04	(55)
56	147	Penistone Footpath Runners	Mens M60	88:19	Stuart Woodhead	26:37	(31)	Geoff Dimelow	33:09	(60)	Nick Whittingham	28:33	(56)
57	167	Doncaster AC	Womens F35	88:32	Sharon Maughan	28:40	(49)	Karey Miles	28:59	(50)	Dawn Fletcher	30:53	(57)
58	179	Barnsley Harriers	Senior Women	88:42	Claudia Thompson	33:07	(76)	Janine Brown	28:53	(68)	Emily Dodd	26:42	(58)
59	104	Barnsley AC	Senior Women	88:58	Emma Beasley	27:46	(41)	Sarah Moore	31:36	(58)	Gemma Micklethwaite	29:36	(59)
60	123	Kingstone	Senior Women	89:04	Sam Jones	29:58	(67)	Anna Gould	31:40	(66)	Sharon Cooper	27:26	(60)
61	185	Barnsley Harriers	Senior Women	89:30	Mel Sanders	34:57	(78)	Charley Schofield	28:54	(74)	Christina Laking	25:39	(61)
62	118	Kimberworth Striders	Senior Women	89:41	Natalie Harp	29:31	(62)	Natalie Lowe	29:19	(54)	Rebecca Moran	30:51	(62)
63	175	Sheffield RC	Senior Women	89:46	Jenny Elsegood	27:15	(35)	Jolien Bas	29:51	(43)	Natalie Cogrove	32:40	(63)
64	159	Totley AC	Womens F45	90:01	Susan Hird	28:27	(47)	Carole Parsons	30:34	(55)	Vanessa Smith	31:00	(64)
65	141	Steel City Striders	Womens F55	90:48	Jane Evans	28:11	(45)	Dawn Jackson	31:03	(57)	Magdalena Boo	31:34	(65)
66	183	Barnsley Harriers	Senior Women	93:07	Jo Birkinshaw	29:08	(55)	Nicola Fox	31:18	(63)	Christine Capewell	32:41	(66)
67	125	Kingstone	Senior Women	93:33	Helen Lock	29:16	(59)	Claire Wilkinson	31:35	(64)	Rachel Yarwood-Murray	32:42	(67)
68	155	Penistone Footpath Runners	Womens F45	94:01	Jane Cockerton	29:06	(53)	Teresa Wall	33:01	(69)	Dawn Godley	31:54	(68)
69	111	Danum Harriers	Womens F45	94:15	Rachel Gordon	29:07	(54)	Heather Marsh	31:04	(62)	Jane Farrell	34:04	(69)
70	191	Denby Dale AC	Womens F35	94:31	Abbie Dagg	32:09	(73)	Stella Taylor	32:01	(75)	Rachel Warsop	30:21	(70)
71	181	Barnsley Harriers	Senior Women	94:40	Helen Andrews	29:12	(57)	Alison Hilton	34:28	(73)	Sara Booth	31:00	(71)
72	112	Danum Harriers	Womens F45	95:50	Caroline Greening	30:39	(69)	Clare Durose	32:19	(72)	Katheryn Pinchbeck	32:52	(72)
73	132	Rotherham Harriers	Senior Women	96:06	Janet Dutton	31:16	(71)	Alison Brown	30:21	(65)	Michelle Eddison	34:29	(73)
74	127	Kingstone	Senior Women	96:31	Rachel Yarwood-Murray	31:29	(72)	Lisa Malloy	27:12	(52)	Karen Quine	37:50	(74)
75	188	Barnsley Harriers	Senior Women	97:55	Julie Riding	30:06	(68)	Adele Kitchen	31:46	(67)	Clare Bates	36:03	(75)
76	143	Valley Hill Runners	Womens F45	100:18	Bernie Harding	37:45	(83)	Suzanne Hague	32:34	(79)	Judith Mallon	29:59	(76)
77	180	Barnsley Harriers	Senior Women	101:05	Laura Bennett	32:46	(75)	Marie Hemingway	33:05	(76)	Rachael Roddis	35:14	(77)
78	126	Kingstone	Womens F45	101:10	Claire Robinson	36:52	(81)	Vicky Gardiner	32:38	(78)	Natatie Marlow	31:40	(78)
79	168	Doncaster AC	Womens F35	102:05	Jody Breeze	34:29	(77)	Sarah Smith	34:30	(77)	Claire Macleod	33:06	(79)
80	187	Barnsley Harriers	Senior Women	104:18	Amanda West	36:04	(80)	Vikki Skipper	36:03	(80)	Tracey Graney	32:11	(80)
81	182	Barnsley Harriers	Senior Women	106:30	Donna Biggs	32:35	(74)	Tracy Hyland	41:02	(82)	Donna Biggs	32:53	(81)
82	122	Kingstone	Womens F45	107:47	Christina Scott	43:36	(86)	Jane Brankin	31:44	(84)	Jane Halford	32:27	(82)
83	121	Kingstone	Womens F45	108:38	Dawn Richards	39:13	(84)	Lyndsey shaw	33:15	(81)	Jane Elliot	36:10	(83)
84	144	Valley Hill Runners	Senior Women	111:21	Paula Brockwell	35:41	(79)	Abbie Evans	41:44	(87)	Melanie Holland	33:56	(84)
85	120	Kingstone	Womens F45	111:47	Sheila O'Carole	44:22	(87)	Dawn Walton	31:33	(85)	Tracey Love	35:52	(85)
86	176	Sheffield RC	Senior Women	115:02	Niti Giri	39:27	(85)	Katherine Westwood	36:43	(86)	Carol Scarton	38:52	(86)
87	169	Doncaster AC	Senior Women	115:40	Rose Fells	37:10	(82)	Gemma Ward	37:36	(83)	Susan Forbes	40:54	(87)
88	119	Kingstone	Womens F45	119:33	Tara Fawdington	46:15	(88)	Jill Johnson	40:59	(88)	Tracey Wright	32:19	(88)



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Womens Fastest 50

	Num	Name	Club	Category	Leg	Leg	Time	Gain/Loss
1	171	Sarah Lowrey	Sheffield RC	Senior Women	1	A	21:21	
2	101	Alice Moore	Barnsley AC	Senior Women	1	A	21:31	
3	102	Kaeti Mackenzie	Barnsley AC	Womens F35	1	A	21:39	
4	164	Nicola Devine	Doncaster AC	Senior Women	1	A	21:57	
5	130	Fiona Davies	Rotherham Harriers	Womens F35	1	A	22:05	
6	134	Sian Evans	Steel City Striders	Senior Women	2	B	22:12	6
7	134	Jennifer Rich	Steel City Striders	Senior Women	3	C	22:32	
8	162	Tony Whitehouse	Totley AC	Mens M60	1	A	22:32	
9	101	Lisa Skinner	Barnsley AC	Senior Women	3	C	22:44	2
10	134	Caroline Brock	Steel City Striders	Senior Women	1	A	22:51	
11	114	Anna Hardman	Kimberworth Striders	Senior Women	2	B	22:56	8
12	156	Fiona Kesteven	Totley AC	Womens F35	1	A	22:58	
13	148	Lesley Parker	Penistone Footpath Runners	Senior Women	1	A	22:59	
14	172	Sarah Lowery	Sheffield RC	Senior Women	3	C	23:06	4
15	102	Kerry Storrar	Barnsley AC	Womens F35	3	C	23:10	1
16	160	Hazel Tant	Totley AC	Senior Women	1	A	23:14	
16	156	Sara Eames	Totley AC	Womens F35	3	C	23:14	2
18	130	Cath Eddison	Rotherham Harriers	Womens F35	2	B	23:20	2
19	160	Lisa Giampalma	Totley AC	Senior Women	2	B	23:35	4
20	113	Joanne Bolton	Kimberworth Striders	Womens F35	1	A	23:36	
21	129	Caroline Lloyd	Porter Valley Plodders	Senior Women	1	A	23:41	
22	145	Steve Storey	Penistone Footpath Runners	Mens M60	1	A	23:49	
23	107	Natalie Crofts	Clowne Road Runners	Senior Women	1	A	23:51	
24	160	Despina Berdeni	Totley AC	Senior Women	3	C	23:52	
25	171	Abigail Knight	Sheffield RC	Senior Women	3	C	23:57	-1
26	114	Elly Woodhead	Kimberworth Striders	Senior Women	1	A	23:58	
26	171	Samya Armoush	Sheffield RC	Senior Women	2	B	23:58	-1
28	135	Valeria Gasparini	Steel City Striders	Senior Women	1	A	23:59	
29	172	Ellen Mcleod	Sheffield RC	Senior Women	1	A	24:09	
30	135	Simone Young-Alls	Steel City Striders	Senior Women	3	C	24:24	-1
31	157	Jaimie Buckley	Totley AC	Womens F35	1	A	24:27	
32	101	Taylor Hammond	Barnsley AC	Senior Women	2	B	24:29	-2
33	163	Karen Ball	Askern & District AC	Womens F35	3	C	24:30	14
34	102	Naomi Biddlestone	Barnsley AC	Womens F35	2	B	24:31	-2
35	170	Malcolm Senior	Kimberworth Striders	Mens M60	1	A	24:35	
35	156	Caz Kay	Totley AC	Womens F35	2	B	24:35	-1
35	148	Laura Gill	Penistone Footpath Runners	Senior Women	2	B	24:35	-1
38	105	Gail Colville	Barnsley AC	Womens F45	3	C	24:36	5
39	113	Adelle Marsden	Kimberworth Striders	Womens F35	2	B	24:39	
40	137	Amy Earnshaw	Steel City Striders	Senior Women	3	C	24:40	20
41	158	Penny Sadler	Totley AC	Womens F45	1	A	24:46	
42	131	Dianne Elliott	Rotherham Harriers	Womens F35	1	A	24:47	
43	107	Delphine Pearson	Clowne Road Runners	Senior Women	3	C	24:49	-1
44	105	Jenny Wakeman	Barnsley AC	Womens F45	1	A	24:53	
45	136	Jeni Harvey	Steel City Striders	Senior Women	1	A	24:55	
46	128	Katie Sharp	Denby Dale AC	Womens F35	1	A	25:02	
47	130	Tammy Hague	Rotherham Harriers	Womens F35	3	C	25:05	-2
48	114	Rebecca Hunt	Kimberworth Striders	Senior Women	3	C	25:06	-1
48	108	Natalie Crofts	Clowne Road Runners	Senior Women	3	C	25:06	19
50	170	Pat Rooney	Kimberworth Striders	Mens M60	3	C	25:08	1



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Mens Results 2016

Pos	Num	Club	Category	Time	Leg A	Leg B	Leg C	Leg D
1	63	Hallamshire Harriers	Senior Men	72:50	Andy Challenger 17:56 (2)	Steven Bayton 17:15 (1)	Connor Milnes 18:39 (1)	Zak Mellard 19:00 (1)
2	6	City Of Sheffield Dearne AC	Senior Men	73:42	Connor Henderson 17:46 (1)	Iraitz Arrospide 17:34 (2)	Alfie Manthorpe 19:21 (2)	James Gray 19:01 (2)
3	21	Rotherham Harriers	Senior Men	76:05	Gareth Sampson 18:28 (4)	Arron Larkin 18:48 (4)	Richard Harris 19:16 (3)	Philip Hoole 19:33 (3)
4	64	Hallamshire Harriers	Senior Men	76:32	Ben Beattie 18:48 (7)	John Birch 19:03 (6)	Nic Barber 19:51 (5)	Gavin Keight 18:50 (4)
5	42	Penistone Footpath Runners	Senior Men	77:19	Scott Hinchcliffe 18:35 (6)	Chris Law 18:28 (3)	Gareth Cooke 19:33 (4)	Andrew Heppenstall 20:43 (5)
6	1	Barnsley AC	Senior Men	78:39	Darren Middleton 19:52 (14)	Dan Kestrel 18:45 (7)	Stuart Wilson 20:57 (7)	Ethan Goodridge 19:05 (6)
7	25	Steel City Striders	Senior Men	79:07	Kristoff Boynton 19:04 (8)	James Rose 20:26 (8)	Jorge Bronze 20:13 (8)	Phil Skelton 19:24 (7)
8	66	Sheffield RC	Senior Men	79:45	Joe Sweetnam-Powell 18:25 (3)	Stuart Little 19:22 (5)	Ben Mahoney 20:51 (6)	Steven King 21:07 (8)
9	65	Hallamshire Harriers	Senior Men	80:00	David Lewis 19:40 (13)	Pete Hodges 19:57 (9)	Charlie Baker 20:12 (9)	Carl Edgdel 20:11 (9)
10	52	Totley AC	Senior Men	80:45	Bart Shaw 19:31 (9)	Sam Mellor 21:02 (12)	Aidan Linkskill 21:03 (11)	Steve Franklin 19:09 (10)
11	7	Clowne Road Runners	Senior Men	81:07	Gareth Lowe 18:34 (5)	Daniel Page 21:36 (10)	Peter Twigg 20:42 (10)	Jordan Street 20:15 (11)
12	74	Barnsley Harriers	Senior Men	82:45	Tom White 20:39 (17)	Rich Spooner 21:01 (14)	Paul Johnson 20:35 (13)	Alan Ford 20:30 (12)
13	59	Doncaster AC	Senior Men	83:17	Lee Milburn 19:32 (10)	James Osborne 22:17 (15)	Peter Badger 21:05 (15)	Chris Moran 20:23 (13)
14	47	Kimberworth Striders	Senior Men	83:45	Owen James 19:36 (12)	Tom Hardman 20:56 (11)	Dan Burkinshaw 21:38 (12)	Neil Grocutt 21:35 (14)
15	22	Rotherham Harriers	Mens M40	84:42	Steve Marshall 20:38 (16)	Ian Whyman 20:32 (13)	Simon Holt 21:15 (14)	Chris Griffiths 22:17 (15)
16	28	Steel City Striders	Senior Men	85:00	Tom Meager 20:48 (18)	Jonathan Taylor 21:08 (17)	James Fulcher 22:24 (18)	Adam Brooks 20:40 (16)
17	26	Steel City Striders	Senior Men	85:30	Doug Banks 20:57 (22)	Sam Needham 21:23 (18)	Steve Frazer 21:22 (16)	Tom Bassindale 21:48 (17)
18	55	Totley AC	Mens M40	86:14	Mathew Sedgewick 20:54 (20)	Colin Osbourne 21:46 (19)	Shaun Parkin 22:30 (22)	Alastair Buckley 21:04 (18)
19	53	Totley AC	Senior Men	86:39	Nick Brimacombe 22:42 (43)	Matt Burden 21:15 (34)	Chris Livesley 21:44 (27)	Tom Beaumont 20:58 (19)
20	84	Denby Dale AC	Senior Men	86:47	Ross McClelland 21:06 (24)	Oliver Ingram 22:18 (25)	Jonathan Price 21:26 (20)	Andrew Defue 21:57 (20)
21	44	Penistone Footpath Runners	Mens M40	87:01	John Broom 21:43 (31)	Robert Lees 20:58 (20)	Matt Robinson 21:40 (19)	Robin Clough 22:40 (21)
22	67	Sheffield RC	Senior Men	87:08	Gareth Irvine 21:36 (30)	Ben Wilkinson 22:07 (30)	Rob Cassy 21:55 (25)	John Doherty 21:30 (22)
23	27	Steel City Striders	Senior Men	87:17	Matt Chappell 21:52 (34)	Louis Wood 21:39 (26)	Ed Startup 21:47 (24)	Richard Carter 21:59 (23)
24	49	Kimberworth Striders	Mens M40	87:39	Kev Doyle 20:57 (22)	Barry Rushmere 21:58 (22)	Lee Archer 22:21 (23)	Colin Earl 22:23 (24)
25	32	Steel City Striders	Mens M40	87:42	Christopher Guy 21:48 (32)	David Palmer 21:01 (21)	Dan Cook 23:10 (29)	Simon Bennett 21:43 (25)
26	8	Clowne Road Runners	Senior Men	87:50	Nick Fowler 21:08 (26)	Graham Worsfold 21:48 (23)	Matthew Martin 22:43 (26)	Christopher Amery 22:11 (26)
27	75	Barnsley Harriers	Senior Men	87:52	Chris Barton 21:15 (28)	Richard Singleton 22:39 (33)	Scott Briggs 22:10 (30)	Gus Thomson 21:48 (27)
28	58	Askern & District AC	Mens M40	88:08	Aiden Ball 21:53 (35)	Duncan Marlow 21:56 (32)	Mark Hinchcliffe 23:19 (34)	Joe Restell 21:00 (28)
29	23	Rotherham Harriers	Senior Men	88:26	Martyn Whyman 21:49 (33)	Richard Parker 21:57 (31)	Andrew Roscamp 22:58 (32)	Ian Whyman 21:42 (29)
30	77	Barnsley Harriers	Senior Men	89:02	Patrick Needham 22:22 (39)	Craig Alwash 23:08 (39)	Simon Haywood 21:36 (33)	Mike Schofield 21:56 (30)
31	17	Kingstone	Senior Men	89:28	James Thompson 19:35 (11)	Charlie Skipper 22:15 (16)	Dave Hanks 21:57 (17)	Spencer Hughes 25:41 (31)
32	2	Barnsley AC	Senior Men	89:39	Tom Halloway 20:33 (15)	Chris Gillott 23:06 (28)	Mark Wood 24:27 (37)	Tom Halloway 21:33 (32)
33	71	Sheffield RC	Mens M40	89:40	Phil Johnson 22:07 (37)	Steve Cox 21:32 (28)	James Thompson 22:03 (28)	Richard Watts 23:58 (33)
34	60	Doncaster AC	Senior Men	89:59	Phil Whitehead 22:21 (38)	Chris Lawson 22:45 (37)	Martin Hookway 22:22 (35)	Peter Vickers 22:31 (34)
35	43	Penistone Footpath Runners	Senior Men	90:00	Lee Storey 21:13 (27)	Damien Briscoe 21:56 (24)	Oliver Pike 21:45 (21)	Daniel Limb 25:06 (35)
36	73	Sheffield RC	Mens M50	90:26	Les Morton 24:06 (58)	Jed Turner 22:05 (44)	Gary Baker 22:54 (41)	Chris Ireland 21:21 (36)
37	4	Barnsley AC	Mens M50	90:45	Mark Havenhand 20:53 (19)	Rob Elstone 22:44 (27)	Liam Tart 22:38 (31)	Dave Allemby 24:30 (37)
38	37	Steel City Striders	Mens M50	91:01	David Wilson 23:10 (51)	Nick Scott 21:51 (36)	Peter Brown 23:55 (40)	Paul Stuart 22:05 (38)
39	33	Steel City Striders	Mens M40	91:49	Jason Brannan 22:30 (41)	Mick Wall 22:48 (38)	Colin Hardy 22:24 (36)	Ian Stinson 24:07 (39)
40	56	Totley AC	Mens M40	92:30	Bryan Bradwell 23:08 (48)	Colin Lynch 22:31 (41)	Dave English 22:33 (38)	Philip Kelly 24:18 (40)
41	57	Totley AC	Mens M50	92:39	Marcus Adams 24:00 (57)	Mark Goodison 22:25 (46)	Rob Owen 22:02 (39)	Mark Goodison 24:12 (41)
42	3	Barnsley AC	Mens M40	92:50	Melvin Wallace 21:06 (24)	Alan Noble 25:41 (48)	James Musgrove 22:59 (42)	Paul Fieldsend 23:04 (42)
43	34	Steel City Striders	Mens M40	94:01	Rob Betts 24:38 (65)	Adam McCauley 24:17 (60)	John Bridgman 25:00 (58)	Adrian Wilks 20:06 (43)
44	9	Clowne Road Runners	Senior Men	94:05	Steven Battle 22:29 (40)	Nick Roberts 23:20 (42)	Paul Sadler 25:07 (45)	David Hazelton 23:09 (44)
45	30	Steel City Striders	Senior Men	94:56	James Garner 21:27 (29)	Dave Firth 24:57 (45)	Liam Russell 26:21 (52)	John Kilcoyne 22:11 (45)
46	72	Sheffield RC	Mens M40	95:02	Shaun Ashmore 22:56 (45)	Ben Key 23:08 (43)	Steve Tanner 26:51 (53)	Steve Cox 22:07 (46)
47	85	Denby Dale AC	Mens M40	95:15	James Mumford 23:34 (53)	Steve Sharp 25:24 (61)	Karl Adamski 22:38 (46)	Ralph Barker 23:39 (47)
48	76	Barnsley Harriers	Mens M50	95:20	Kevin Wood 23:41 (56)	Steve Fowler 21:56 (40)	Shaun Clarkson 24:55 (43)	Jeff Clark 24:48 (48)
49	68	Sheffield RC	Senior Men	95:28	Rob Jones 24:09 (60)	Tom Albone 24:00 (55)	Chris Johnson 24:22 (50)	Chris Moss 22:57 (49)
50	62	Doncaster AC	Mens M50	95:39	Eddie Fletcher 23:09 (49)	Malc Leggett 23:48 (50)	Stuart Bartley 24:54 (47)	Paul Bond 23:48 (50)
51	48	Kimberworth Striders	Senior Men	95:53	Tom Burns 23:24 (52)	Harry France 24:21 (53)	Steve Beckitt 23:09 (44)	Gavin Edley 24:59 (51)
52	35	Steel City Striders	Mens M40	96:32	Mart Greenough 23:37 (55)	Roger Watson 25:32 (63)	Al Cook 22:55 (48)	Michael Squires 24:28 (52)
53	45	Penistone Footpath Runners	Mens M40	97:23	Chris Deacon 23:35 (54)	Peter Knight 24:16 (54)	Matt Coldwell 25:49 (56)	Gary Dean 23:43 (53)
54	11	Danum Harriers	Senior Men	97:29	Simon Rayner 24:13 (61)	Nathan Murphy 22:34 (48)	Paul Murphy 26:15 (55)	Mark Bower 24:27 (54)



Damflask Road Relays 27th June 2017
Incorporating the South Yorkshire Road Relay Championships



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Mens Fastest 50

	Num	Name	Club	Category	Leg	Leg	Time	Gain/Loss
1	63	Steven Bayton	Hallamshire Harriers	Senior Men	2	B	17:15	1
2	6	Iraitz Arrospide	City Of Sheffield Dearne AC	Senior Men	2	B	17:34	-1
3	6	Connor Henderson	City Of Sheffield Dearne AC	Senior Men	1	A	17:46	
4	63	Andy Challenger	Hallamshire Harriers	Senior Men	1	A	17:56	
5	66	Joe Sweetnam-Powell	Sheffield RC	Senior Men	1	A	18:25	
6	21	Gareth Sampson	Rotherham Harriers	Senior Men	1	A	18:28	
6	42	Chris Law	Penistone Footpath Runners	Senior Men	2	B	18:28	3
8	7	Gareth Lowe	Clowne Road Runners	Senior Men	1	A	18:34	
9	42	Scott Hinchcliffe	Penistone Footpath Runners	Senior Men	1	A	18:35	
10	63	Connor Milnes	Hallamshire Harriers	Senior Men	3	C	18:39	
11	1	Dan Kestrel	Barnsley AC	Senior Men	2	B	18:45	7
12	64	Ben Beattie	Hallamshire Harriers	Senior Men	1	A	18:48	
12	21	Arron Larkin	Rotherham Harriers	Senior Men	2	B	18:48	
14	64	Gavin Keight	Hallamshire Harriers	Senior Men	4	D	18:50	1
15	63	Zak Mellard	Hallamshire Harriers	Senior Men	4	D	19:00	
16	6	James Gray	City Of Sheffield Dearne AC	Senior Men	4	D	19:01	
17	64	John Birch	Hallamshire Harriers	Senior Men	2	B	19:03	1
18	25	Kristoff Boynton	Steel City Striders	Senior Men	1	A	19:04	
19	1	Ethan Goodridge	Barnsley AC	Senior Men	4	D	19:05	1
20	52	Steve Franklin	Totley AC	Senior Men	4	D	19:09	1
21	21	Richard Harris	Rotherham Harriers	Senior Men	3	C	19:16	1
22	6	Alfie Manthorpe	City Of Sheffield Dearne AC	Senior Men	3	C	19:21	
23	66	Stuart Little	Sheffield RC	Senior Men	2	B	19:22	-2
24	25	Phil Skelton	Steel City Striders	Senior Men	4	D	19:24	1
25	52	Bart Shaw	Totley AC	Senior Men	1	A	19:31	
26	59	Lee Milburn	Doncaster AC	Senior Men	1	A	19:32	
27	42	Gareth Cooke	Penistone Footpath Runners	Senior Men	3	C	19:33	-1
27	21	Philip Hoole	Rotherham Harriers	Senior Men	4	D	19:33	
29	17	James Thompson	Kingstone	Senior Men	1	A	19:35	
30	47	Owen James	Kimberworth Striders	Senior Men	1	A	19:36	
31	65	David Lewis	Hallamshire Harriers	Senior Men	1	A	19:40	
32	64	Nic Barber	Hallamshire Harriers	Senior Men	3	C	19:51	1
33	1	Darren Middleton	Barnsley AC	Senior Men	1	A	19:52	
34	65	Pete Hodges	Hallamshire Harriers	Senior Men	2	B	19:57	4
35	34	Adrian Wilks	Steel City Striders	Mens M40	4	D	20:06	15
36	65	Carl Edgdel	Hallamshire Harriers	Senior Men	4	D	20:11	
37	65	Charlie Baker	Hallamshire Harriers	Senior Men	3	C	20:12	
38	25	Jorge Bronze	Steel City Striders	Senior Men	3	C	20:13	
39	7	Jordan Street	Clowne Road Runners	Senior Men	4	D	20:15	-1
40	59	Chris Moran	Doncaster AC	Senior Men	4	D	20:23	2
41	25	James Rose	Steel City Striders	Senior Men	2	B	20:26	
42	74	Alan Ford	Barnsley Harriers	Senior Men	4	D	20:30	1
43	22	Ian Whyman	Rotherham Harriers	Mens M40	2	B	20:32	3
44	2	Tom Halloway	Barnsley AC	Senior Men	1	A	20:33	
45	74	Paul Johnson	Barnsley Harriers	Senior Men	3	C	20:35	1
46	22	Steve Marshall	Rotherham Harriers	Mens M40	1	A	20:38	
47	74	Tom White	Barnsley Harriers	Senior Men	1	A	20:39	
48	28	Adam Brooks	Steel City Striders	Senior Men	4	D	20:40	2
49	7	Peter Twigg	Clowne Road Runners	Senior Men	3	C	20:42	
50	42	Andrew Heppenstall	Penistone Footpath Runners	Senior Men	4	D	20:43	-1



Damflask Road Relays 27th June 2017 Incorporating the South Yorkshire Road Relay Championships

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Medals



Mens

1st Place Mens Team	63 Hallamshire Harriers	72:50 Andy Challenger Steven Bayton Connor Milnes Zak Mellard	17:56 17:15 18:39 19:00
2nd Place Mens Team	6 City Of Sheffield Dearne AC	73:42 Connor Henderson Iraitz Arrospide Alfie Manthorpe James Gray	17:46 17:34 19:21 19:01
3rd Place Mens Team	21 Rotherham Harriers	76:05 Gareth Sampson Arron Larkin Richard Harris Philip Hoole	18:28 18:48 19:16 19:33
1st Place Mens Vet Over 40	22 Rotherham Harriers	84:42 Steve Marshall Ian Whyman Simon Holt Chris Griffiths	20:38 20:32 21:15 22:17
2nd Place Mens Vet Over 40	55 Totley AC	86:14 Mathew Sedgewick Colin Osbourne Shaun Parkin Alastair Buckley	20:54 21:46 22:30 21:04
3rd Place Mens Vet Over 40	44 Penistone Footpath Runners	87:01 John Broom Robert Lees Matt Robinson Robin Clough	21:43 20:58 21:40 22:40
1st Place Mens Vet Over 50	73 Sheffield RC	90:26 Les Morton Jed Turner Gary Baker Chris Ireland	24:06 22:05 22:54 21:21
2nd Place Mens Vet Over 50	4 Barnsley AC	90:45 Mark Havenhand Rob Elstone Liam Tart Dave Allemby	20:53 22:44 22:38 24:30
3rd Place Mens Vet Over 50	37 Steel City Striders	91:01 David Wilson Nick Scott Peter Brown Paul Stuart	23:10 21:51 23:55 22:05
1st Place Mens Vet Over 60	145 Penistone Footpath Runners	75:38 Steve Storey Kelvin Bowskill Bill Phillips	23:49 26:23 25:26
Fastest Male Leg	63 Hallamshire Harriers	Leg B Steven Bayton	17:15

Womens

1st Place Womens Team	134 Steel City Striders	67:35 Caroline Brock Sian Evans Jennifer Rich	22:51 22:12 22:32
2nd Place Womens Team	101 Barnsley AC	68:44 Alice Moore Taylor Hammond Lisa Skinner	21:31 24:29 22:44
3rd Place Womens Team	171 Sheffield RC	69:16 Sarah Lowrey Samya Armouh Abigail Knight	21:21 23:58 23:57
1st Place Womens Vet Over 35	102 Barnsley AC	69:20 Kaeti Mackenzie Naomi Biddlestone Kerry Storrar	21:39 24:31 23:10
2nd Place Womens Vet Over 35	130 Rotherham Harriers	70:30 Fiona Davies Cath Eddison Tammy Hague	22:05 23:20 25:05
3rd Place Womens Vet Over 35	156 Totley AC	70:47 Fiona Kesteven Caz Kay Sara Eames	22:58 24:35 23:14
1st Place Womens Vet Over 45	105 Barnsley AC	76:57 Jenny Wakeman Carol Morrell Gail Colville	24:53 27:28 24:36
2nd Place Womens Vet Over 45	158 Totley AC	78:39 Penny Sadler Pat Goodall Deborah Lodge	24:46 27:22 26:31
3rd Place Womens Vet Over 45	152 Penistone Footpath Runners	79:20 Dawn Broom Juile Darigala Juile Moxon	26:13 25:37 27:30
1st Place Womens Vet Over 55	141 Steel City Striders	90:48 Jane Evans Dawn Jackson Magdalena Boo	28:11 31:03 31:34
Fastest Female Leg	171 Sheffield RC	Leg A Sarah Lowrey	21:21



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Leg A Times



1	6	Connor Henderson	Senior Men	City Of Sheffield Dearne AC	17:46
2	63	Andy Challenger	Senior Men	Hallamshire Harriers	17:56
3	66	Joe Sweetnam-Powell	Senior Men	Sheffield RC	18:25
4	21	Gareth Sampson	Senior Men	Rotherham Harriers	18:28
5	7	Gareth Lowe	Senior Men	Clowne Road Runners	18:34
6	42	Scott Hinchcliffe	Senior Men	Penistone Footpath Runners	18:35
7	64	Ben Beattie	Senior Men	Hallamshire Harriers	18:48
8	25	Kristoff Boynton	Senior Men	Steel City Striders	19:04
9	52	Bart Shaw	Senior Men	Totley AC	19:31
10	59	Lee Milburn	Senior Men	Doncaster AC	19:32
11	17	James Thompson	Senior Men	Kingstone	19:35
12	47	Owen James	Senior Men	Kimberworth Striders	19:36
13	65	David Lewis	Senior Men	Hallamshire Harriers	19:40
14	1	Darren Middleton	Senior Men	Barnsley AC	19:52
15	2	Tom Holloway	Senior Men	Barnsley AC	20:33
16	22	Steve Marshall	Mens M40	Rotherham Harriers	20:38
17	74	Tom White	Senior Men	Barnsley Harriers	20:39
18	28	Tom Meager	Senior Men	Steel City Striders	20:48
19	4	Mark Havenhand	Mens M50	Barnsley AC	20:53
20	55	Mathew Sedgewick	Mens M40	Totley AC	20:54
21	82	Fred Vellacott	Senior Men	Sheffield Tri Club	20:55
22	49	Kev Doyle	Mens M40	Kimberworth Striders	20:57
22	26	Doug Banks	Senior Men	Steel City Striders	20:57
24	3	Melvin Wallace	Mens M40	Barnsley AC	21:06
24	84	Ross McClelland	Senior Men	Denby Dale AC	21:06
26	8	Nick Fowler	Senior Men	Clowne Road Runners	21:08
27	43	Lee Storey	Senior Men	Penistone Footpath Runners	21:13
28	75	Chris Barton	Senior Men	Barnsley Harriers	21:15
29	171	Sarah Lowrey	Senior Women	Sheffield RC	21:21
30	30	James Garner	Senior Men	Steel City Striders	21:27
31	101	Alice Moore	Senior Women	Barnsley AC	21:31
32	67	Gareth Irvine	Senior Men	Sheffield RC	21:36
33	102	Kaeti Mackenzie	Womens F35	Barnsley AC	21:39
34	44	John Broom	Mens M40	Penistone Footpath Runners	21:43
35	32	Christopher Guy	Mens M40	Steel City Striders	21:48
36	23	Martyn Whyman	Senior Men	Rotherham Harriers	21:49
37	27	Matt Chappell	Senior Men	Steel City Striders	21:52
38	58	Aiden Ball	Mens M40	Askern & District AC	21:53
39	86	Karl Adamski	Senior Men	Denby Dale AC	21:55
40	164	Nicola Devine	Senior Women	Doncaster AC	21:57
41	130	Fiona Davies	Womens F35	Rotherham Harriers	22:05
42	71	Phil Johnson	Mens M40	Sheffield RC	22:07
43	60	Phil Whitehead	Senior Men	Doncaster AC	22:21
44	77	Patrick Needham	Senior Men	Barnsley Harriers	22:22
45	9	Steven Battle	Senior Men	Clowne Road Runners	22:29
46	33	Jason Brannan	Mens M40	Steel City Striders	22:30
47	162	Tony Whitehouse	Mens M60	Totley AC	22:32
48	29	Simon Hope	Senior Men	Steel City Striders	22:41
49	53	Nick Brimacombe	Senior Men	Totley AC	22:42
50	90	Will Stover	Senior Men	Askern & District AC	22:49
51	134	Caroline Brock	Senior Women	Steel City Striders	22:51
52	72	Shaun Ashmore	Mens M40	Sheffield RC	22:56
53	12	Chris Watson	Mens M40	Danum Harriers	22:58
53	156	Fiona Kesteven	Womens F35	Totley AC	22:58
55	148	Lesley Parker	Senior Women	Penistone Footpath Runners	22:59
56	39	Jamie Hargreaves	Senior Men	Valley Hill Runners	23:06
57	56	Bryan Bradwell	Mens M40	Totley AC	23:08
58	31	Joe Dunne	Senior Men	Steel City Striders	23:09
58	62	Eddie Fletcher	Mens M50	Doncaster AC	23:09
60	37	David Wilson	Mens M50	Steel City Striders	23:10
61	160	Hazel Tant	Senior Women	Totley AC	23:14
62	48	Tom Burns	Senior Men	Kimberworth Striders	23:24
63	85	James Mumford	Mens M40	Denby Dale AC	23:34
64	45	Chris Deacon	Mens M40	Penistone Footpath Runners	23:35
65	113	Joanne Bolton	Womens F35	Kimberworth Striders	23:36
66	35	Mart Greenough	Mens M40	Steel City Striders	23:37
67	76	Kevin Wood	Mens M50	Barnsley Harriers	23:41



UP & RUNNING

Leg A Times



67	129	Caroline Lloyd	Senior Women	Porter Valley Plodders	23:41
69	145	Steve Storey	Mens M60	Penistone Footpath Runners	23:49
70	107	Natalie Crofts	Senior Women	Clowne Road Runners	23:51
71	114	Elly Woodhead	Senior Women	Kimberworth Striders	23:58
72	135	Valeria Gasparini	Senior Women	Steel City Striders	23:59
73	57	Marcus Adams	Mens M50	Totley AC	24:00
74	73	Les Morton	Mens M50	Sheffield RC	24:06
74	61	Luke Osbon	Senior Men	Doncaster AC	24:06
76	68	Rob Jones	Senior Men	Sheffield RC	24:09
76	172	Ellen Mcleod	Senior Women	Sheffield RC	24:09
78	11	Simon Rayner	Senior Men	Danum Harriers	24:13
79	36	Nick O'Sullivan	Mens M40	Steel City Striders	24:20
80	157	Jaimie Buckley	Womens F35	Totley AC	24:27
81	10	Chris Lane	Senior Men	Clowne Road Runners	24:32
82	170	Malcolm Senior	Mens M60	Kimberworth Striders	24:35
83	50	Paul Greenwood	Mens M40	Kimberworth Striders	24:37
84	34	Rob Betts	Mens M40	Steel City Striders	24:38
85	87	Phil Ellis	Mens M40	Denby Dale AC	24:44
86	158	Penny Sadler	Womens F45	Totley AC	24:46
87	131	Dianne Elliott	Womens F35	Rotherham Harriers	24:47
88	88	Brian Devine	Senior Men	Killamarsh Kestrels	24:50
89	105	Jenny Wakeman	Womens F45	Barnsley AC	24:53
90	136	Jeni Harvey	Senior Women	Steel City Striders	24:55
91	18	Martin Swift	Mens M40	Kingstone	24:57
92	128	Katie Sharp	Womens F35	Denby Dale AC	25:02
93	24	James Gallacher	Senior Men	Rotherham Harriers	25:07
94	54	Ian Bradbury	Senior Men	Totley AC	25:11
95	46	Steve Dickinson	Mens M40	Penistone Footpath Runners	25:15
96	163	Susie Warris	Womens F35	Askern & District AC	25:28
97	5	Tony Richards Vardey	Mens M50	Barnsley AC	25:36
98	51	David Wood	Mens M50	Kimberworth Striders	25:46
99	189	Emma Worsley	Senior Women	Denby Dale AC	25:51
100	38	John Maples	Mens M50	Steel City Striders	25:56
101	89	Chris Lilley	Senior Men	Kimberworth Striders	26:02
102	115	Sarah Millns	Senior Women	Kimberworth Striders	26:03
103	80	Peter Maurice	Senior Men	Barnsley Harriers	26:04
104	139	Nicola Ross	Womens F35	Steel City Striders	26:08
105	152	Dawn Broom	Womens F45	Penistone Footpath Runners	26:13
106	186	Shelley Brookes	Senior Women	Barnsley Harriers	26:14
107	14	Fariq Shah	Senior Men	Danum Harriers	26:22
108	16	Doug Scott	Mens M50	Kingstone	26:26
109	83	Adam Newell	Senior Men	Sheffield Tri Club	26:27
110	147	Stuart Woodhead	Mens M60	Penistone Footpath Runners	26:37
111	142	Nicola Adamson	Senior Women	Valley Hill Runners	26:42
112	13	John Worthington	Senior Men	Danum Harriers	26:44
113	19	Steve Jones	Mens M40	Kingstone	26:51
114	79	David Needham	Senior Men	Barnsley Harriers	26:58
115	103	Janette Jackson	Womens F35	Barnsley AC	27:01
116	78	Simon Lovidge	Senior Men	Barnsley Harriers	27:06
117	166	Kate Willett	Senior Women	Doncaster AC	27:08
118	175	Jenny Elsegood	Senior Women	Sheffield RC	27:15
119	146	Keith Gordon	Mens M60	Penistone Footpath Runners	27:27
120	150	Jude Matthews	Womens F35	Penistone Footpath Runners	27:39
121	173	Sian Dickinson	Senior Women	Sheffield RC	27:40
122	165	Janet Kerry	Womens F35	Doncaster AC	27:43
123	161	Susie Wall	Senior Women	Totley AC	27:45
124	104	Emma Beasley	Senior Women	Barnsley AC	27:46
125	140	Caroline Welton	Womens F45	Steel City Striders	27:50
126	106	Sonia Lee	Womens F35	City Of Sheffield Dearne AC	27:55
127	151	Julia Cobham	Womens F35	Penistone Footpath Runners	28:08
128	141	Jane Evans	Womens F55	Steel City Striders	28:11
129	20	Tim Wade	Mens M40	Kingstone	28:12
130	116	Nicolette Archer	Senior Women	Kimberworth Striders	28:17
131	40	Phil Harris	Mens M50	Valley Hill Runners	28:23
132	159	Susan Hird	Womens F45	Totley AC	28:27
133	124	Tracey Hughes	Womens F45	Kingstone	28:35
134	167	Sharon Maughan	Womens F35	Doncaster AC	28:40



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Leg A Times



135	109	Julie King	Womens F45	Clowne Road Runners	28:48
136	174	Helen Cameron	Senior Women	Sheffield RC	28:51
137	184	Kelly Ford	Senior Women	Barnsley Harriers	28:53
138	155	Jane Cockerton	Womens F45	Penistone Footpath Runners	29:06
139	111	Rachel Gordon	Womens F45	Danum Harriers	29:07
140	183	Jo Birkinshaw	Senior Women	Barnsley Harriers	29:08
141	190	Sue Kaye	Womens F35	Denby Dale AC	29:10
142	181	Helen Andrews	Senior Women	Barnsley Harriers	29:12
143	110	Michelle Skillcorn	Womens F35	Danum Harriers	29:14
144	125	Helen Lock	Senior Women	Kingstone	29:16
145	138	Sophie Reale	Senior Women	Steel City Striders	29:23
146	154	Nell Law	Womens F45	Penistone Footpath Runners	29:26
147	118	Natalie Harp	Senior Women	Kimberworth Striders	29:31
148	117	Helen Doyle	Senior Women	Kimberworth Striders	29:32
149	149	Becky West	Senior Women	Penistone Footpath Runners	29:35
150	137	Hannah Cantrill	Senior Women	Steel City Striders	29:41
151	15	Mark Hudson	Mens M40	Danum Harriers	29:46
152	81	Lee Sidebottom	Senior Men	Barnsley Harriers	29:48
153	153	Sarah Plummer	Womens F45	Penistone Footpath Runners	29:52
154	123	Sam Jones	Senior Women	Kingstone	29:58
155	188	Julie Riding	Senior Women	Barnsley Harriers	30:06
156	112	Caroline Greening	Womens F45	Danum Harriers	30:39
157	108	SJ Massingham	Senior Women	Clowne Road Runners	30:58
158	132	Janet Dutton	Senior Women	Rotherham Harriers	31:16
159	127	Rachel Yarwood-Murray	Senior Women	Kingstone	31:29
160	191	Abbie Dagg	Womens F35	Denby Dale AC	32:09
161	182	Donna Biggs	Senior Women	Barnsley Harriers	32:35
162	180	Laura Bennett	Senior Women	Barnsley Harriers	32:46
163	179	Claudia Thompson	Senior Women	Barnsley Harriers	33:07
164	70	Zaheer Mahmood	Senior Men	Sheffield RC	33:09
165	41	Pete Taylor	Senior Men	Valley Hill Runners	33:30
166	168	Jody Breeze	Womens F35	Doncaster AC	34:29
167	185	Mel Sanders	Senior Women	Barnsley Harriers	34:57
168	144	Paula Brockwell	Senior Women	Valley Hill Runners	35:41
169	187	Amanda West	Senior Women	Barnsley Harriers	36:04
170	126	Claire Robinson	Womens F45	Kingstone	36:52
171	169	Rose Fells	Senior Women	Doncaster AC	37:10
172	143	Bernie Harding	Womens F45	Valley Hill Runners	37:45
173	121	Dawn Richards	Womens F45	Kingstone	39:13
174	176	Niti Giri	Senior Women	Sheffield RC	39:27
175	122	Christina Scott	Womens F45	Kingstone	43:36
176	120	Sheila O'Carole	Womens F45	Kingstone	44:22
177	119	Tara Fawdington	Womens F45	Kingstone	46:15



UP & RUNNING

Leg B Times



1	63	Steven Bayton	Senior Men	Hallamshire Harriers	17:15	1
2	6	Iraitz Arrospide	Senior Men	City Of Sheffield Dearne AC	17:34	-1
3	42	Chris Law	Senior Men	Penistone Footpath Runners	18:28	3
4	1	Dan Kestrel	Senior Men	Barnsley AC	18:45	7
5	21	Arron Larkin	Senior Men	Rotherham Harriers	18:48	
6	64	John Birch	Senior Men	Hallamshire Harriers	19:03	1
7	66	Stuart Little	Senior Men	Sheffield RC	19:22	-2
8	65	Pete Hodges	Senior Men	Hallamshire Harriers	19:57	4
9	25	James Rose	Senior Men	Steel City Striders	20:26	
10	22	Ian Whyman	Mens M40	Rotherham Harriers	20:32	3
11	47	Tom Hardman	Senior Men	Kimberworth Striders	20:56	1
12	44	Robert Lees	Mens M40	Penistone Footpath Runners	20:58	11
13	74	Rich Spooner	Senior Men	Barnsley Harriers	21:01	3
14	32	David Palmer	Mens M40	Steel City Striders	21:01	11
15	52	Sam Mellor	Senior Men	Totley AC	21:02	-3
16	28	Jonathan Taylor	Senior Men	Steel City Striders	21:08	1
17	53	Matt Burden	Senior Men	Totley AC	21:15	9
18	26	Sam Needham	Senior Men	Steel City Striders	21:23	4
19	71	Steve Cox	Mens M40	Sheffield RC	21:32	9
20	7	Daniel Page	Senior Men	Clowne Road Runners	21:36	-5
21	27	Louis Wood	Senior Men	Steel City Striders	21:39	8
22	55	Colin Osbourne	Mens M40	Totley AC	21:46	1
23	8	Graham Worsfold	Senior Men	Clowne Road Runners	21:48	3
24	37	Nick Scott	Mens M50	Steel City Striders	21:51	15
25	43	Damien Briscoe	Senior Men	Penistone Footpath Runners	21:56	3
25	76	Steve Fowler	Mens M50	Barnsley Harriers	21:56	16
25	58	Duncan Marlow	Mens M40	Askern & District AC	21:56	3
28	23	Richard Parker	Senior Men	Rotherham Harriers	21:57	2
29	49	Barry Rushmere	Mens M40	Kimberworth Striders	21:58	
30	73	Jed Turner	Mens M50	Sheffield RC	22:05	14
31	67	Ben Wilkinson	Senior Men	Sheffield RC	22:07	
32	134	Sian Evans	Senior Women	Steel City Striders	22:12	6
33	17	Charlie Skipper	Senior Men	Kingstone	22:15	-5
34	59	James Osborne	Senior Men	Doncaster AC	22:17	-5
35	84	Oliver Ingram	Senior Men	Denby Dale AC	22:18	-1
36	57	Mark Goodison	Mens M50	Totley AC	22:25	11
37	56	Colin Lynch	Mens M40	Totley AC	22:31	7
38	11	Nathan Murphy	Senior Men	Danum Harriers	22:34	13
39	75	Richard Singleton	Senior Men	Barnsley Harriers	22:39	-5
40	4	Rob Elstone	Mens M50	Barnsley AC	22:44	-8
41	60	Chris Lawson	Senior Men	Doncaster AC	22:45	1
42	33	Mick Wall	Mens M40	Steel City Striders	22:48	3
43	114	Anna Hardman	Senior Women	Kimberworth Striders	22:56	8
44	2	Chris Gillott	Senior Men	Barnsley AC	23:06	-13
45	77	Craig Alwash	Senior Men	Barnsley Harriers	23:08	
45	72	Ben Key	Mens M40	Sheffield RC	23:08	2
47	40	Graham Dodd	Mens M50	Valley Hill Runners	23:09	16
48	54	Clive Waddington	Senior Men	Totley AC	23:20	11
48	130	Cath Eddison	Womens F35	Rotherham Harriers	23:20	2
48	9	Nick Roberts	Senior Men	Clowne Road Runners	23:20	-2
51	82	Patrick Day	Senior Men	Sheffield Tri Club	23:31	-14
52	39	Tom Brockwell	Senior Men	Valley Hill Runners	23:35	
52	160	Lisa Giampalma	Senior Women	Totley AC	23:35	4
54	50	Lee Weatherall	Mens M40	Kimberworth Striders	23:39	7
55	88	Stephen Crownshaw	Senior Men	Killmarsh Kestrels	23:40	9
56	10	Richard Hind	Senior Men	Clowne Road Runners	23:43	7
57	62	Malc Leggett	Mens M50	Doncaster AC	23:48	-1
58	171	Samya Armoush	Senior Women	Sheffield RC	23:58	-1
59	68	Tom Albone	Senior Men	Sheffield RC	24:00	5
60	45	Peter Knight	Mens M40	Penistone Footpath Runners	24:16	
61	34	Adam McCauley	Mens M40	Steel City Striders	24:17	5
62	48	Harry France	Senior Men	Kimberworth Striders	24:21	-1
63	29	Jimmy Sharman	Senior Men	Steel City Striders	24:25	-9
64	101	Taylor Hammond	Senior Women	Barnsley AC	24:29	-2
65	102	Naomi Biddlestone	Womens F35	Barnsley AC	24:31	-2
66	31	Sergei Shkul	Senior Men	Steel City Striders	24:32	-3
67	156	Caz Kay	Womens F35	Totley AC	24:35	-1



UP & RUNNING

Leg B Times



67	148	Laura Gill	Senior Women	Penistone Footpath Runners	24:35	-1
69	113	Adelle Marsden	Womens F35	Kimberworth Striders	24:39	
70	41	Jonny Briggs	Senior Men	Valley Hill Runners	24:48	3
71	30	Dave Firth	Senior Men	Steel City Striders	24:57	-16
72	38	Stuart Jones	Mens M50	Steel City Striders	25:10	7
73	164	Shaz Wood	Senior Women	Doncaster AC	25:18	-4
74	107	Gemma Scougal	Senior Women	Clowne Road Runners	25:19	2
75	128	Jo Worboys	Womens F35	Denby Dale AC	25:20	8
76	85	Steve Sharp	Mens M40	Denby Dale AC	25:24	-8
77	19	Andy Brankin	Mens M40	Kingstone	25:26	9
78	35	Roger Watson	Mens M40	Steel City Striders	25:32	-8
79	24	Chris Bott	Senior Men	Rotherham Harriers	25:35	3
80	152	Juile Darigala	Womens F45	Penistone Footpath Runners	25:37	10
81	135	Amy Housley	Senior Women	Steel City Striders	25:39	3
82	87	James Lodge	Mens M40	Denby Dale AC	25:40	1
83	3	Alan Noble	Mens M40	Barnsley AC	25:41	-24
84	13	Craig Ward	Senior Men	Danum Harriers	25:47	7
85	46	Dean Allcroft	Mens M40	Penistone Footpath Runners	25:57	3
86	172	Rachel Miller	Senior Women	Sheffield RC	25:59	3
87	184	Aoife Dyson	Senior Women	Barnsley Harriers	26:09	18
88	79	Shaun Swallow	Senior Men	Barnsley Harriers	26:13	6
89	145	Kelvin Bowskill	Mens M60	Penistone Footpath Runners	26:23	-2
89	115	Natalie Sheldon	Senior Women	Kimberworth Striders	26:23	3
89	20	Jason Shepherd	Mens M40	Kingstone	26:23	2
92	157	Roz Massey	Womens F35	Totley AC	26:26	
93	14	Warren O'Brien	Senior Men	Danum Harriers	26:29	2
94	150	Jill Carlton	Womens F35	Penistone Footpath Runners	26:41	10
94	106	D Spooner	Womens F35	City Of Sheffield Dearne AC	26:41	12
96	51	Adrian Holyhead	Mens M50	Kimberworth Striders	26:46	-1
97	165	Marie-Louise Taylor	Womens F35	Doncaster AC	26:50	9
98	153	Valentina Wright	Womens F45	Penistone Footpath Runners	26:58	25
99	173	Gemma Johnson	Senior Women	Sheffield RC	27:00	5
100	129	Rachel George	Senior Women	Porter Valley Plodders	27:01	-5
101	78	Steve Wilson	Senior Men	Barnsley Harriers	27:03	2
102	89	Stu Mellard	Senior Men	Kimberworth Striders	27:09	-1
102	86	Glenn Holdsworth	Senior Men	Denby Dale AC	27:09	-26
104	127	Lisa Malloy	Senior Women	Kingstone	27:12	20
105	12	Richard Purcell	Mens M40	Danum Harriers	27:13	-18
106	131	Anne Homer	Womens F35	Rotherham Harriers	27:18	
106	83	Jim Lafferty	Senior Men	Sheffield Tri Club	27:18	
108	170	Richard Finney	Mens M60	Kimberworth Striders	27:20	-1
109	158	Pat Goodall	Womens F45	Totley AC	27:22	-2
110	105	Carol Morrell	Womens F45	Barnsley AC	27:28	-1
111	103	Faye Lund	Womens F35	Barnsley AC	27:29	4
112	142	Amanda Knagg	Senior Women	Valley Hill Runners	27:39	4
113	149	Ashleigh Bowskill	Senior Women	Penistone Footpath Runners	27:52	17
114	36	Chris Heggs	Mens M40	Steel City Striders	27:54	-9
115	116	Vicky Beckitt	Senior Women	Kimberworth Striders	27:55	10
115	109	Jackie Robson	Womens F45	Clowne Road Runners	27:55	10
117	138	Laura Fletcher	Senior Women	Steel City Striders	28:02	14
118	61	Rob Peach	Senior Men	Doncaster AC	28:03	-12
118	151	Faye Williams	Womens F35	Penistone Footpath Runners	28:03	9
120	15	Bruce Drummond	Mens M40	Danum Harriers	28:05	1
120	136	Leisha Shiner	Senior Women	Steel City Striders	28:05	-2
122	189	Laura Hartshorne	Senior Women	Denby Dale AC	28:08	
123	186	Amanda Fowler	Senior Women	Barnsley Harriers	28:22	-1
124	18	Ricky Green	Mens M40	Kingstone	28:30	-10
124	174	Claire Wolstenholme	Senior Women	Sheffield RC	28:30	6
124	5	Ian Copley	Mens M50	Barnsley AC	28:30	-8
127	190	Vickey McClelland	Womens F35	Denby Dale AC	28:45	5
128	179	Janine Brown	Senior Women	Barnsley Harriers	28:53	8
129	185	Charley Schofield	Senior Women	Barnsley Harriers	28:54	4
130	124	Zoe Goddard	Womens F45	Kingstone	28:56	-1
131	167	Karey Miles	Womens F35	Doncaster AC	28:59	-1
132	166	Andrea Robinson	Senior Women	Doncaster AC	29:11	-3
133	117	Laura Evans	Senior Women	Kimberworth Striders	29:13	10
134	118	Natalie Lowe	Senior Women	Kimberworth Striders	29:19	8



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Leg B Times



135	16	Phil Butcher	Mens M50	Kingstone	29:25	-5
136	154	Rachel Jarvis	Womens F45	Penistone Footpath Runners	29:40	5
137	161	Corin Leach	Senior Women	Totley AC	29:45	-8
138	146	Dave Needham	Mens M60	Penistone Footpath Runners	29:50	-8
139	175	Jolien Bas	Senior Women	Sheffield RC	29:51	-8
140	132	Alison Brown	Senior Women	Rotherham Harriers	30:21	6
141	110	Joanne Derx	Womens F35	Danum Harriers	30:27	-1
142	159	Carole Parsons	Womens F45	Totley AC	30:34	-8
142	70	Gokul Giri	Senior Men	Sheffield RC	30:34	
144	81	Gary Mann	Senior Men	Barnsley Harriers	30:50	
145	139	Becky Chapman	Womens F35	Steel City Striders	30:57	-14
146	80	David Howes	Senior Men	Barnsley Harriers	31:01	-8
147	141	Dawn Jackson	Womens F55	Steel City Striders	31:03	-12
148	111	Heather Marsh	Womens F45	Danum Harriers	31:04	-8
148	163	K Wordsworth	Womens F35	Askern & District AC	31:04	-14
150	108	Suzanne Leusby	Senior Women	Clowne Road Runners	31:09	1
151	183	Nicola Fox	Senior Women	Barnsley Harriers	31:18	-8
152	120	Dawn Walton	Womens F45	Kingstone	31:33	2
153	125	Claire Wilkinson	Senior Women	Kingstone	31:35	-5
154	104	Sarah Moore	Senior Women	Barnsley AC	31:36	-17
155	123	Anna Gould	Senior Women	Kingstone	31:40	1
156	122	Jane Brankin	Womens F45	Kingstone	31:44	2
157	188	Adele Kitchen	Senior Women	Barnsley Harriers	31:46	1
158	191	Stella Taylor	Womens F35	Denby Dale AC	32:01	-2
159	140	Louise Cousins	Womens F45	Steel City Striders	32:04	-19
160	112	Clare Durose	Womens F45	Danum Harriers	32:19	-3
161	143	Suzanne Hague	Womens F45	Valley Hill Runners	32:34	4
162	126	Vicky Gardiner	Womens F45	Kingstone	32:38	3
163	155	Teresa Wall	Womens F45	Penistone Footpath Runners	33:01	-16
164	137	Rosie Smith	Senior Women	Steel City Striders	33:02	-6
165	180	Marie Hemingway	Senior Women	Barnsley Harriers	33:05	-1
166	147	Geoff Dimelow	Mens M60	Penistone Footpath Runners	33:09	-29
167	121	Lyndsey shaw	Womens F45	Kingstone	33:15	3
168	162	Gavin Ewan	Mens M60	Totley AC	33:47	-31
169	181	Alison Hilton	Senior Women	Barnsley Harriers	34:28	-16
170	168	Sarah Smith	Womens F35	Doncaster AC	34:30	
171	187	Vikki Skipper	Senior Women	Barnsley Harriers	36:03	
172	176	Katherine Westwood	Senior Women	Sheffield RC	36:43	-1
173	169	Gemma Ward	Senior Women	Doncaster AC	37:36	-1
174	119	Jill Johnson	Womens F45	Kingstone	40:59	
175	182	Tracy Hyland	Senior Women	Barnsley Harriers	41:02	-8
176	144	Abbie Evans	Senior Women	Valley Hill Runners	41:44	-8



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Leg C Times



1	63	Connor Milnes	Senior Men	Hallamshire Harriers	18:39	
2	21	Richard Harris	Senior Men	Rotherham Harriers	19:16	1
3	6	Alfie Manthorpe	Senior Men	City Of Sheffield Dearne AC	19:21	
4	42	Gareth Cooke	Senior Men	Penistone Footpath Runners	19:33	-1
5	64	Nic Barber	Senior Men	Hallamshire Harriers	19:51	1
6	65	Charlie Baker	Senior Men	Hallamshire Harriers	20:12	
7	25	Jorge Bronze	Senior Men	Steel City Striders	20:13	
8	74	Paul Johnson	Senior Men	Barnsley Harriers	20:35	1
9	7	Peter Twigg	Senior Men	Clowne Road Runners	20:42	
10	66	Ben Mahoney	Senior Men	Sheffield RC	20:51	-1
11	1	Stuart Wilson	Senior Men	Barnsley AC	20:57	
12	52	Aidan Linkskill	Senior Men	Totley AC	21:03	1
13	59	Peter Badger	Senior Men	Doncaster AC	21:05	
14	22	Simon Holt	Mens M40	Rotherham Harriers	21:15	-1
15	26	Steve Frazer	Senior Men	Steel City Striders	21:22	2
16	84	Jonathan Price	Senior Men	Denby Dale AC	21:26	5
17	77	Simon Haywood	Senior Men	Barnsley Harriers	21:36	6
18	47	Dan Burkinshaw	Senior Men	Kimberworth Striders	21:38	-1
19	24	Steve Marshall	Senior Men	Rotherham Harriers	21:40	17
20	44	Matt Robinson	Mens M40	Penistone Footpath Runners	21:40	1
21	53	Chris Livesley	Senior Men	Totley AC	21:44	7
22	43	Oliver Pike	Senior Men	Penistone Footpath Runners	21:45	3
23	27	Ed Startup	Senior Men	Steel City Striders	21:47	2
24	67	Rob Cassy	Senior Men	Sheffield RC	21:55	5
25	17	Dave Hanks	Senior Men	Kingstone	21:57	-1
26	57	Rob Owen	Mens M50	Totley AC	22:02	7
27	71	James Thompson	Mens M40	Sheffield RC	22:03	
28	78	Paul Fordham	Senior Men	Barnsley Harriers	22:07	13
29	75	Scott Briggs	Senior Men	Barnsley Harriers	22:10	3
30	49	Lee Archer	Mens M40	Kimberworth Striders	22:21	-1
31	60	Martin Hookway	Senior Men	Doncaster AC	22:22	2
32	80	Michael Grain	Senior Men	Barnsley Harriers	22:24	7
32	28	James Fulcher	Senior Men	Steel City Striders	22:24	-1
32	33	Colin Hardy	Mens M40	Steel City Striders	22:24	2
35	55	Shaun Parkin	Mens M40	Totley AC	22:30	-3
36	134	Jennifer Rich	Senior Women	Steel City Striders	22:32	
37	56	Dave English	Mens M40	Totley AC	22:33	3
38	85	Karl Adamski	Mens M40	Denby Dale AC	22:38	15
38	4	Liam Tart	Mens M50	Barnsley AC	22:38	-4
40	18	Gav Sanderson	Mens M40	Kingstone	22:43	11
40	8	Matthew Martin	Senior Men	Clowne Road Runners	22:43	-3
42	101	Lisa Skinner	Senior Women	Barnsley AC	22:44	2
43	73	Gary Baker	Mens M50	Sheffield RC	22:54	3
44	20	Tim Webster	Mens M40	Kingstone	22:54	10
45	89	Kevin Doyle	Senior Men	Kimberworth Striders	22:55	10
45	35	Al Cook	Mens M40	Steel City Striders	22:55	15
47	23	Andrew Roscamp	Senior Men	Rotherham Harriers	22:58	-1
48	3	James Musgrove	Mens M40	Barnsley AC	22:59	6
49	172	Sarah Lowery	Senior Women	Sheffield RC	23:06	4
50	48	Steve Beckitt	Senior Men	Kimberworth Striders	23:09	9
51	32	Dan Cook	Mens M40	Steel City Striders	23:10	-8
52	102	Kerry Storrar	Womens F35	Barnsley AC	23:10	1
53	156	Sara Eames	Womens F35	Totley AC	23:14	2
54	58	Mark Hinchcliffe	Mens M40	Askern & District AC	23:19	-2
55	160	Despina Berdeni	Senior Women	Totley AC	23:52	
56	37	Peter Brown	Mens M50	Steel City Striders	23:55	-4
57	171	Abigail Knight	Senior Women	Sheffield RC	23:57	-1
58	46	Jonathan Phillips	Mens M40	Penistone Footpath Runners	24:21	7
59	68	Chris Johnson	Senior Men	Sheffield RC	24:22	5
60	135	Simone Young-Alls	Senior Women	Steel City Striders	24:24	-1
60	10	Daniel Harpham	Senior Men	Clowne Road Runners	24:24	5
62	2	Mark Wood	Senior Men	Barnsley AC	24:27	-9
63	163	Karen Ball	Womens F35	Askern & District AC	24:30	14
64	105	Gail Colville	Womens F45	Barnsley AC	24:36	5
65	137	Amy Earnshaw	Senior Women	Steel City Striders	24:40	20
66	107	Delphine Pearson	Senior Women	Clowne Road Runners	24:49	-1
67	62	Stuart Bartley	Mens M50	Doncaster AC	24:54	3



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Leg C Times



68	76	Shaun Clarkson	Mens M50	Barnsley Harriers	24:55	-3
69	34	John Bridgman	Mens M40	Steel City Striders	25:00	2
70	130	Tammy Hague	Womens F35	Rotherham Harriers	25:05	-2
71	114	Rebecca Hunt	Senior Women	Kimberworth Striders	25:06	-1
71	108	Natalie Crofts	Senior Women	Clowne Road Runners	25:06	19
73	9	Paul Sadler	Senior Men	Clowne Road Runners	25:07	-3
74	170	Pat Rooney	Mens M60	Kimberworth Striders	25:08	1
75	129	Claire Dutson	Senior Women	Porter Valley Plodders	25:13	1
76	31	Michael O'Donnell	Senior Men	Steel City Striders	25:20	-2
77	113	Claire Chapman	Womens F35	Kimberworth Striders	25:23	
78	148	Megan Button	Senior Women	Penistone Footpath Runners	25:25	1
79	145	Bill Phillips	Mens M60	Penistone Footpath Runners	25:26	
80	15	Nick Hutchinson	Mens M40	Danum Harriers	25:27	2
81	185	Christina Laking	Senior Women	Barnsley Harriers	25:39	13
82	61	Simon Parkin	Senior Men	Doncaster AC	25:40	-3
83	161	Tamara Mitchell	Senior Women	Totley AC	25:43	14
84	41	Ian Gall	Senior Men	Valley Hill Runners	25:45	1
85	136	Claire Grisdale	Senior Women	Steel City Striders	25:49	3
85	45	Matt Coldwell	Mens M40	Penistone Footpath Runners	25:49	-2
87	38	Tom Nuttgens	Mens M50	Steel City Striders	25:57	-4
88	54	Tim Taylor	Senior Men	Totley AC	25:59	
89	87	Ian Sargent	Mens M40	Denby Dale AC	26:08	-4
89	88	Keith Grayson	Senior Men	Killamarsh Kestrels	26:08	-2
91	11	Paul Murphy	Senior Men	Danum Harriers	26:15	-7
92	128	Rachael Lee	Womens F35	Denby Dale AC	26:18	-1
93	30	Liam Russell	Senior Men	Steel City Striders	26:21	-7
94	83	Roger Wilde	Senior Men	Sheffield Tri Club	26:29	
94	164	Rose James	Senior Women	Doncaster AC	26:29	-4
96	158	Deborah Lodge	Womens F45	Totley AC	26:31	1
97	86	James Mumford	Senior Men	Denby Dale AC	26:34	-1
98	14	Anthony Larusso	Senior Men	Danum Harriers	26:35	-1
98	150	Heather Simpson	Womens F35	Penistone Footpath Runners	26:35	3
100	12	Shaun Coe	Mens M40	Danum Harriers	26:41	-6
101	179	Emily Dodd	Senior Women	Barnsley Harriers	26:42	10
102	13	Simon Elliott	Senior Men	Danum Harriers	26:49	-2
103	72	Steve Tanner	Mens M40	Sheffield RC	26:51	-10
104	36	Loz Harvey	Mens M40	Steel City Striders	26:52	-3
105	157	Clare Howarth	Womens F35	Totley AC	26:56	-2
106	174	Helen Anayiotos	Senior Women	Sheffield RC	26:59	9
107	39	Kevin Randall	Senior Men	Valley Hill Runners	27:00	-10
108	184	Katie Roberts	Senior Women	Barnsley Harriers	27:08	5
109	154	Anne Beresford	Womens F45	Penistone Footpath Runners	27:17	10
110	50	Martin Bell	Mens M40	Kimberworth Striders	27:20	-5
111	123	Sharon Cooper	Senior Women	Kingstone	27:26	6
112	152	Juile Moxon	Womens F45	Penistone Footpath Runners	27:30	-4
113	153	Andrea Henson	Womens F45	Penistone Footpath Runners	27:31	4
113	138	Charlotte Civico	Senior Women	Steel City Striders	27:31	7
115	140	Caroline Greenough	Womens F45	Steel City Striders	27:32	9
116	190	Sam Wood	Womens F35	Denby Dale AC	27:36	7
117	146	Dave Foster	Mens M60	Penistone Footpath Runners	27:39	5
118	51	Mike Thomas	Mens M50	Kimberworth Striders	27:43	-6
119	124	Paula newton	Womens F45	Kingstone	27:46	7
120	142	Rachel Goacher	Senior Women	Valley Hill Runners	27:47	1
121	173	Sarah Gilbert	Senior Women	Sheffield RC	27:56	2
122	149	Sue Johnstone	Senior Women	Penistone Footpath Runners	28:05	2
123	165	Michelle Ward	Womens F35	Doncaster AC	28:07	-2
124	189	Kate Fraser	Senior Women	Denby Dale AC	28:10	-2
125	40	Rob Unwin	Mens M50	Valley Hill Runners	28:15	-9
126	110	Eleanor Bull	Womens F35	Danum Harriers	28:30	6
127	147	Nick Whittingham	Mens M60	Penistone Footpath Runners	28:33	4
128	106	Caroline Fuller	Womens F35	City Of Sheffield Dearne AC	28:34	-2
129	79	Neil Armitage	Senior Men	Barnsley Harriers	28:42	-6
130	115	Caroline Saunders	Senior Women	Kimberworth Striders	28:46	-2
131	29	Andrew Buckley	Senior Men	Steel City Striders	28:49	-14
132	116	Louise Siddall	Senior Women	Kimberworth Striders	29:04	-5
133	162	Colin White	Mens M60	Totley AC	29:08	-6
134	16	Carl Dixon	Mens M50	Kingstone	29:09	-3



UP & RUNNING

Leg C Times



135	19	Gary Tasker	Mens M40	Kingstone	29:11	-9
136	5	Ray Archer	Mens M50	Barnsley AC	29:24	-4
137	117	Natalie Harp	Senior Women	Kimberworth Striders	29:28	-1
138	186	Sarah Taylor	Senior Women	Barnsley Harriers	29:29	-4
139	139	Helen Wakefield	Womens F35	Steel City Striders	29:35	-5
140	104	Gemma Micklethwaite	Senior Women	Barnsley AC	29:36	-1
141	103	Rachael Lancaster	Womens F35	Barnsley AC	29:52	-9
142	143	Judith Mallon	Womens F45	Valley Hill Runners	29:59	3
143	109	Heather Brennan	Womens F45	Clowne Road Runners	30:16	-9
144	191	Rachel Warsop	Womens F35	Denby Dale AC	30:21	5
145	166	Jodi Savage	Senior Women	Doncaster AC	30:22	-11
146	131	Sasha Gallagher	Womens F35	Rotherham Harriers	30:25	-9
147	118	Rebecca Moran	Senior Women	Kimberworth Striders	30:51	-8
148	167	Dawn Fletcher	Womens F35	Doncaster AC	30:53	-7
149	159	Vanessa Smith	Womens F45	Totley AC	31:00	-9
149	181	Sara Booth	Senior Women	Barnsley Harriers	31:00	2
151	82	David Meyer	Senior Men	Sheffield Tri Club	31:16	-29
152	141	Magdalena Boo	Womens F55	Steel City Striders	31:34	-8
153	126	Natallie Marlow	Womens F45	Kingstone	31:40	
154	155	Dawn Godley	Womens F45	Penistone Footpath Runners	31:54	1
155	151	Kate Booth	Womens F35	Penistone Footpath Runners	32:04	-20
156	187	Tracey Graney	Senior Women	Barnsley Harriers	32:11	
157	119	Tracey Wright	Womens F45	Kingstone	32:19	
158	122	Jane Halford	Womens F45	Kingstone	32:27	2
159	175	Natalie Cogrove	Senior Women	Sheffield RC	32:40	-20
160	183	Christine Capewell	Senior Women	Barnsley Harriers	32:41	-3
161	125	Rachel Yarwood-Murray	Senior Women	Kingstone	32:42	-3
162	81	Geoff Hayes	Senior Men	Barnsley Harriers	32:51	
163	112	Katheryn Pinchbeck	Womens F45	Danum Harriers	32:52	
164	182	Donna Biggs	Senior Women	Barnsley Harriers	32:53	1
165	70	Stu Mathers	Senior Men	Sheffield RC	33:00	
166	168	Claire Macleod	Womens F35	Doncaster AC	33:06	-2
167	144	Melanie Holland	Senior Women	Valley Hill Runners	33:56	3
168	111	Jane Farrell	Womens F45	Danum Harriers	34:04	-7
169	132	Michelle Eddison	Senior Women	Rotherham Harriers	34:29	-8
170	180	Rachael Roddis	Senior Women	Barnsley Harriers	35:14	-1
171	120	Tracey Love	Womens F45	Kingstone	35:52	
172	188	Clare Bates	Senior Women	Barnsley Harriers	36:03	-8
173	121	Jane Elliot	Womens F45	Kingstone	36:10	-2
174	127	Karen Quine	Senior Women	Kingstone	37:50	-22
175	176	Carol Scarton	Senior Women	Sheffield RC	38:52	
176	169	Susan Forbes	Senior Women	Doncaster AC	40:54	-4



UP & RUNNING

Leg D Times



1	64	Gavin Keight	Senior Men	Hallamshire Harriers	18:50	1
2	63	Zak Mellard	Senior Men	Hallamshire Harriers	19:00	
3	6	James Gray	Senior Men	City Of Sheffield Dearne AC	19:01	
4	1	Ethan Goodridge	Senior Men	Barnsley AC	19:05	1
5	52	Steve Franklin	Senior Men	Totley AC	19:09	1
6	25	Phil Skelton	Senior Men	Steel City Striders	19:24	1
7	21	Philip Hoole	Senior Men	Rotherham Harriers	19:33	
8	34	Adrian Wilks	Mens M40	Steel City Striders	20:06	15
9	65	Carl Edgdel	Senior Men	Hallamshire Harriers	20:11	
10	7	Jordan Street	Senior Men	Clowne Road Runners	20:15	-1
11	59	Chris Moran	Senior Men	Doncaster AC	20:23	2
12	74	Alan Ford	Senior Men	Barnsley Harriers	20:30	1
13	28	Adam Brooks	Senior Men	Steel City Striders	20:40	2
14	42	Andrew Heppenstall	Senior Men	Penistone Footpath Runners	20:43	-1
15	53	Tom Beaumont	Senior Men	Totley AC	20:58	8
16	58	Joe Restell	Mens M40	Askern & District AC	21:00	6
17	55	Alastair Buckley	Mens M40	Totley AC	21:04	4
18	66	Steven King	Senior Men	Sheffield RC	21:07	-2
19	73	Chris Ireland	Mens M50	Sheffield RC	21:21	5
20	67	John Doherty	Senior Men	Sheffield RC	21:30	3
21	2	Tom Halloway	Senior Men	Barnsley AC	21:33	5
22	47	Neil Grocutt	Senior Men	Kimberworth Striders	21:35	-2
23	23	Ian Whyman	Senior Men	Rotherham Harriers	21:42	3
24	32	Simon Bennett	Mens M40	Steel City Striders	21:43	4
25	26	Tom Bassindale	Senior Men	Steel City Striders	21:48	-1
25	75	Gus Thomson	Senior Men	Barnsley Harriers	21:48	3
27	83	Alex Powell	Senior Men	Sheffield Tri Club	21:54	13
28	77	Mike Schofield	Senior Men	Barnsley Harriers	21:56	3
29	84	Andrew Defue	Senior Men	Denby Dale AC	21:57	
30	27	Richard Carter	Senior Men	Steel City Striders	21:59	1
31	37	Paul Stuart	Mens M50	Steel City Striders	22:05	2
32	72	Steve Cox	Mens M40	Sheffield RC	22:07	7
33	8	Christopher Amery	Senior Men	Clowne Road Runners	22:11	
34	30	John Kilcoyne	Senior Men	Steel City Striders	22:11	7
35	22	Chris Griffiths	Mens M40	Rotherham Harriers	22:17	-1
36	49	Colin Earl	Mens M40	Kimberworth Striders	22:23	-1
37	60	Peter Vickers	Senior Men	Doncaster AC	22:31	1
38	82	Ben Tawney	Senior Men	Sheffield Tri Club	22:36	7
39	44	Robin Clough	Mens M40	Penistone Footpath Runners	22:40	-2
40	68	Chris Moss	Senior Men	Sheffield RC	22:57	1
41	3	Paul Fieldsend	Mens M40	Barnsley AC	23:04	
42	9	David Hazelton	Senior Men	Clowne Road Runners	23:09	1
43	85	Ralph Barker	Mens M40	Denby Dale AC	23:39	-1
44	45	Gary Dean	Mens M40	Penistone Footpath Runners	23:43	3
45	78	Neil Fox	Senior Men	Barnsley Harriers	23:46	6
46	62	Paul Bond	Mens M50	Doncaster AC	23:48	-3
47	71	Richard Watts	Mens M40	Sheffield RC	23:58	-5
48	88	Stephen Crownshaw	Senior Men	Killamarsh Kestrels	24:07	1
48	33	Ian Stinson	Mens M40	Steel City Striders	24:07	-3
50	57	Mark Goodison	Mens M50	Totley AC	24:12	-2
51	56	Philip Kelly	Mens M40	Totley AC	24:18	-2
52	54	Piers Miller	Senior Men	Totley AC	24:20	-1
53	41	Jamie Hargreaves	Senior Men	Valley Hill Runners	24:27	3
53	11	Mark Bower	Senior Men	Danum Harriers	24:27	1
55	35	Michael Squires	Mens M40	Steel City Striders	24:28	-4
56	4	Dave Allemby	Mens M50	Barnsley AC	24:30	-6
57	76	Jeff Clark	Mens M50	Barnsley Harriers	24:48	-5
57	61	Peter Wade	Senior Men	Doncaster AC	24:48	5
59	10	Ian McMillan	Senior Men	Clowne Road Runners	24:56	-4
60	48	Gavin Edley	Senior Men	Kimberworth Striders	24:59	-7
61	43	Daniel Limb	Senior Men	Penistone Footpath Runners	25:06	-14
62	79	Jerry Fisher	Senior Men	Barnsley Harriers	25:07	5
63	31	Chris Hodson	Senior Men	Steel City Striders	25:15	-2
64	50	Mark Robinson	Mens M40	Kimberworth Striders	25:19	-1
65	16	Ian Walton	Mens M50	Kingstone	25:21	2
66	89	Paul Greenwood	Senior Men	Kimberworth Striders	25:29	1
67	46	Paul Fryers	Mens M40	Penistone Footpath Runners	25:39	-3



UP & RUNNING

Leg D Times



68	17	Spencer Hughes	Senior Men	Kingstone	25:41	-14
69	87	Mick Collinson	Mens M40	Denby Dale AC	25:54	2
70	24	John Dutton	Senior Men	Rotherham Harriers	25:57	-9
71	36	Clive Downing	Mens M40	Steel City Striders	26:02	2
72	39	Alex Harding	Senior Men	Valley Hill Runners	26:06	-4
73	12	Craig Ward	Mens M40	Danum Harriers	26:08	-1
73	13	Simon Piggott	Senior Men	Danum Harriers	26:08	1
75	19	Tony Gardiner	Mens M40	Kingstone	26:36	1
76	18	Jason Shepherd	Mens M40	Kingstone	26:46	-3
77	29	Jude Stone	Senior Men	Steel City Striders	26:57	-4
78	14	Paul Wright	Senior Men	Danum Harriers	27:45	-2
79	80	Alan Schofield	Senior Men	Barnsley Harriers	28:14	-2
80	40	Leslie Evans	Mens M50	Valley Hill Runners	28:28	-3
80	5	Rod Scholes	Mens M50	Barnsley AC	28:28	-1
82	20	John Downing	Mens M40	Kingstone	28:54	-3
83	86	Jonathan Parkes	Senior Men	Denby Dale AC	29:37	-10
84	51	Stuart Frith	Mens M50	Kimberworth Striders	29:48	-3
85	38	Ian Spencer	Mens M50	Steel City Striders	29:52	-5
86	81	Paul Wheatley	Senior Men	Barnsley Harriers	32:21	
87	15	Steve Farrell	Mens M40	Danum Harriers	36:00	-3
88	70	Clive Summerfield	Senior Men	Sheffield RC	42:35	