

Individual Results – Under 11 Girls 1500m					
Position	Number	First Name	Surname	Club/School	Time
1	15	Ruby	Simpson	Hallamshire Harriers	5.4
2	3	Emma	Shipley	Hallamshire Harriers	5.45
3	6	Isabelle	Burke	Sale Harriers	5.48
4	11	Summer	Ludlam	Hallamshire Harriers	6.04
5	17	Harisah	Ghafoor	Keighley & Craven AC	6.16
6	12	Elizabeth	Hill	Sale Harriers	6.22
7	2	Emma	Moore	Halifax Harriers	6.3
8	9	Megan	Weaver	Hallamshire Harriers	6.31
9	7	Leah	Gregory	Chesterfield & District AC	6.37
10	10	Bobbie	Waugh	Hallamshire Harriers	6.4
11	8	India	Barwell	Lincoln Wellington AC	6.41
12	16	Sidonie	Mulcher Akesson	Halifax Harriers	6.53
13	14	Charlotte	Hawkins	Grimsby Harriers	7.04
14	1	Jessica	Rowland	Doncaster AC	7.16
15	4	Sophie	Booker	Hallamshire Harriers	7.29
16	5	Natalie	Walsh	Goole Youth AC	8.03
17	18	Isobelle	Day	Brookhouse Junior	8.38
Team Results					
Teams	Scoring Position	Club/School	Points		
1	1,2,4	Hallamshire H7			
Individual Results Under 11 Boys					
Position	Number	First Name	Surname	Club/School	Time
1	32	Sam	Conroy	Keighley & Craven AC	10.15
2	33	Dexta	Thompson	Clayton le Moors Harriers	10.32
3	26	Charlie	McManus	Keighley & Craven AC	11.19
4	29	Sam	Benson	Keighley & Craven AC	11.24
5	34	Donnabhan	Rudden	Keighley & Craven AC	11.32
6	36	Aryann	Ghafoor	Keighley & Craven AC	12.01
7	31	Hugo	Cullen	Grimsby Harriers	12.35
8	35	Eddie	Fitzpatrick	Sheffield Triathlon Club	13.12
Team Results					
Teams	Scoring Position	Club/School	Points		
1	1,3,4	Keighley & Craven AC	8		
Individual Results Under 13 Girls					
Position	Number	First Name	Surname	Club/School	Time
1	61	Megan	Lewis	East Cheshire Harriers	11.03
2	62	Eve	Crossley	Keighley & Craven AC	11.07
3	59	Resian	Morris	City of Sheffield AC	11.14
4	60	Sebastienna	Bairstow	Keighley & Craven AC	11.21
5	56	Holly	Booker	Hallamshire Harriers	11.27
6	57	Niamh	Conroy	Keighley & Craven AC	12.08
7	51	Lahana	Vardy	City of Sheffield AC	12.18
8	58	Liberty	Thompson	Clayton le Moors Harriers	13.06
9	55	Hollie	Bristow	Goole Youth AC	13.29
10	63	Lizzie	Turner	City of Sheffield AC	13.32
Team Results					
Teams	Scoring Position	Club/School	Points		
1	2,4,6	Keighley & Craven AC	12		
2	3,7,10	City of Sheffield AC	20		
Individual Results Under 13 Boys 3000m					
Position	Number	First Name	Surname	Club/School	Time
1	77	Dan	Brown	Chesterfield & District AC	11.04
2	81	Henry	Cullen	Grimsby Harriers	11.38
3	78	George	Rowland	Doncaster AC	11.45
4	86	Charlie	Goacher	Barnsley AC	11.49
5	82	James	Hawkins	City of Sheffield AC	12.27
6	85	Morgan	Grayson	Hallamshire Harriers	12.37
7	80	James	Truelove-Cooke	Foremarke Hall	13.09
8	83	Owen	Goonan	City of Sheffield AC	14.37
Individual Results Under 15 Girls 3000m					

Position	Number	First Name	Surname	Club/School	Time
1	114	Tilly	Simpson	Hallamshire Harriers	10.57
2	110	Ellie	Robinson	Newport Harriers	12.32
3	115	Angelina	Bairstow	Keighley & Craven AC	12.34
4	111	Kira	Round	Hallamshire Harriers	12.44
5	113	Laura	Knowles	Keighley & Craven AC	13.29
6	107	Ellie	Rogers	Hallamshire Harriers	14.01
7	112	Emily	Barratt	Grimsby Harriers	14.11
8	116	Alice	Shelbourne	Holmfirth Harriers	15.41
9	109	Sasha	Skinner	Scunthorpe & District AC	17.28

## Team Results

Teams	Scoring Position	Club/School	Points
1	1,4,6	Hallamshire Harriers	11

## Individual Results Under 15 Boys 4000m

Position	Number	First Name	Surname	Club/School	Time
1	142	Luke	Stonehewer	Scunthorpe & District AC	14.3
2	145	Reece	Allen	Hallamshire Harriers	15.36
3	144	Dylan	George	Chesterfield & District AC	15.39

## Individual Results under 17 Girls - 4000m

Position	Number	First Name	Surname	Club/School	Time
1	168	Alexandra	Kiltie	Derby AC	18.48

## Individual Results under 17 men 5000m

Position	Number	First Name	Surname	Club/School	Time
1	181	Joseph	Newman-Billington	City of Sheffield AC	18.24
2	182	George	Lewis	East Cheshire Harriers	19.05
3	183	James	Lund	Keighley & Craven AC	19.51
4	184	Harry	Shelbourne	Holmfirth Harriers	20.18

## Individual Results under 20 Women - 5000m

Position	Number	First Name	Surname	Club	Time
1	196	Nadina	Skinner	Scunthorpe & District AC	26.43

## Individual Results Senior / Vets Women 6500m

Position	Number	First Name	Surname	Club	Category	Time
1	228	Mandy	Vernon	Trentham RC	F45	26.48
2	221	Helen	Elmore	Sheffield Triathlon Club	F35	28.12
3	217	Claire	Leaver-Hewitt	Holmfirth Harriers	SW	28.2
4	214	Anna	Hoogkamer	University of Sheffield	SW	28.52
5	230	Jennifer	Rich	Steel City Striders	SW	29
6	227	Heather	Fisher	Sheffield Running Club	SW	30.23
7	220	Naomi	Wright	Chorlton Runners	SW	31.15
8	215	Claire	Walsh	Goole Youth AC	F35	32.5
9	216	Rebecca	Hunt	Kimberworth Striders	SW	33.18
10	225	Delphine	Pearson	Northern Vets AC	F35	33.53
11	224	Helen	Cameron	Sheffield Running Club	SW	34.06
12	206	Helen	Brown	Totley AC	F35	35.12
13	218	Carol	Beattie	Steel City Striders	F55	35.2
14	207	Elizabeth	Evans	Chesterfield & District AC	F55	36.15
15	210	Joanna	Carnie	Steel City Striders	F45	36.34
16	233	Mary	Craig	Steel City Striders	F55	37.07
17	226	Alexa	Dale	Sheffield Running Club	SW	37.49
18	222	Bev	Baker	Sheffield Running Club	F45	38.41
19	209	Louise	Truelove	Totley AC	F45	39.07
20	211	Dawn	Jackson	Steel City Striders	F45	41.12
21	213	Magdalena	Boo	Steel City Striders	F35	41.25
22	229	Sally	Smith	Sheffield Triathlon Club	F55	43.27
23	223	Lauren	Donnelly	Sheffield Running Club	SW	44.19
24	219	Ria	Bright	Winston Runners	F45	75.45

## Team Results

Teams	Scoring Position	Club	Points
1	5,13,15	Steel City Striders	33
2	6,11,17	Sheffield Running Club	34

## Individual Results Under 20 Men - 7500m

Position	Number	First Name	Surname	Club	Time
1	231	Joseph	Hutchesson	Hallamshire Harriers	30.52

## Individual Results Senior / Vet Men 10000m / The Harry Whitehurst Memorial 10k

Position	Number	First Name	Surname	Club	Category	Time			
1	276	Ashenafi	Erkolo	Unattached	SM	36.34			
2	281	Aidan	Smith	Hallamshire Harriers	SM	37.26			
3	274	Joe	Sweetnam-Powell	Sheffield Running Club	SM	37.39			
4	256	Arron	Larkin	Kimberworth Striders	SM	38.46			
5	258	Matthew	Elkington	Sheffield University	SM	38.58			
6	247	Nicholas	Barber	Hallamshire Harriers	SM	39.01			
7	264	Alex	Collings	Sheffield Running Club	SM	39.14			
8	259	Kevin	Doyle	Kimberworth Striders	M40	39.3			
9	268	Ben	Beattie	Hallamshire Harriers	SM	39.53			
10	245	Adam	Taylor	Steel City Striders	SM	40.12			
11	262	Mike	Sprot	Hallamshire Harriers	SM	40.58			
12	254	Carl	Allwood	Sutton-in-Ashfield Harriers	M40	41.18			
13	251	Phil	Skelton	Unattached	SM	41.22			
14	261	Carl	Egdell	Hallamshire Harriers	M40	41.26			
15	279	Ben	Jones	Steel City Striders	SM	41.4			
16	257	Bryan	Lomas	Congleton Harriers	M40	41.46			
17	260	Peter	Goodfellow	Sheffield Triathlon Club	M40	42.07			
18	246	Ed	Wilson	Trentham RC	SM	42.44			
19	244	John	Kilcoyne	Steel City Striders	SM	42.51			
20	277	Chris	Ireland	Sheffield Running Club	M50	43.04			
21	280	Oliver	Jones	Unattached	SM	43.13			
22	271	Dan	Cook	Unattached	M40	44.08			
23	241	Ben	Mahoney	Sheffield Running Club	SM	44.24			
24	252	Colin	Earl	Kimberworth Striders	M50	45			
25	266	Thomas	Smith	South Yorkshire Police AC	SM	45.17			
26	265	Jed	Turner	Sheffield Running Club	M50	45.45			
27	263	Steven	King	Sheffield Running Club	SM	46.1			
28	278	Gary	Podmore	Sheffield Running Club	M50	46.15			
29	253	Russell	Stevenson	Steel City Striders	M40	46.35			
30	250	Steve	Heslop	Scunthorpe & District AC	M50	46.52			
31	267	Andy	Buck	Steel City Striders	M50	47.5			
32	269	Ian	Richardson	Kimberworth Striders	M40	48.43			
33	275	Nick	Stonehewer	Scunthorpe & District AC	M40	48.58			
34	273	Gavin	Sanderson	Kingstone Runners	SM	51.26			
35	270	Nick	Swift	Sheffield Running Club	M40	51.26			
36	272	David	Lee	Kingstone Runners	SM	55.44			
37	248	Richard	Garton	Steel City Striders	M50	59.28			
38	250	Steve	Heslop	Scunthorpe & District AC	M50	69.28			

## Team Results

Teams	Scoring Positions	Club	Points						
1	2,6,9,14	Hallamshire Harriers	31						
2	3,7,20,23	Sheffield Running Club	53						
3	4,8,24,32	Kimberworth Striders	68						
4	10,15,19,29	Steel City Striders	73						