

		Category	Time
1	John Birch	Hallamshire Harriers	MSEN 15:44
2	Shaun Boatwright	Sheffield Running Club	MSEN 16:24
3	Joe Sweetnam-Powell	Sheffield Running Club	MSEN 16:30
4	David Millns	Sheffield Running Club	MSEN 16:37
5	Naeem Stevens	Trafford AC	MSEN 16:44
6	Robert Byers	Steel City Striders	MSEN 16:47
7	Jonah Cooper	Hallamshire Harriers	MU15 16:54
8	Jonathan Shaw	Sheffield Running Club	MSEN 17:00
9	Adam Dunajko	St Albans Striders	MSEN 17:02
10	Aaron Francis	Sheffield Running Club	MSEN 17:11
11	Fred Vellacott	Sheffield Running Club	MV40 17:17
12	Alex Day	Hillsborough & Rivelin Running Club	MSEN 17:22
13	Mark Hughes	Hallamshire Harriers	MSEN 17:31
14	Sam Evans	Totley AC	MSEN 17:40
15	Thomas Clifford	Hillsborough & Rivelin Running Club	MSEN 17:52
16	Christopher Moss	Sheffield Running Club	MSEN 17:52
17	Ade Fisher	Steel City Striders	MV40 17:54
18	Steven Cox	Sheffield Running Club	MV45 17:55
19	Matt Worthington	Sheffield Running Club	MSEN 18:05
20	Simon Bennett	Hillsborough & Rivelin Running Club	MV50 18:15
21	Andrew Sharpe	Steel City Striders	MSEN 18:19
22	Chris Guy	Hillsborough & Rivelin Running Club	MV45 18:22
23	Jonathan Cooper	Hillsborough & Rivelin Running Club	MV40 18:32
24	Amir Nanpazi	Sheffield Running Club	MV40 18:37
25	John Boden	Hillsborough & Rivelin Running Club	MSEN 18:38
26	Siu Ao Tsang	Steel City Striders	MSEN 18:39
27	Peter Boden	Hillsborough & Rivelin Running Club	MSEN 18:51
28	Edward Brooks	Steel City Striders	MSEN 18:53
29	Gareth Irvine	Penistone Footpath Runners	MV40 18:56
30	Michael Greer	Hillsborough & Rivelin Running Club	MV45 18:58
31	David Ogle	Unattached	MV40 19:00
32	Christian Hopkins	Handsworth Roadhogs	MV50 19:03
33	Rob Addenbrooke	Sheffield Running Club	MSEN 19:09
34	James McNeill	Hillsborough & Rivelin Running Club	MV40 19:13
35	Paul Griffiths	Hillsborough & Rivelin Running Club	MV40 19:14
36	Andrew Davies	Hillsborough & Rivelin Running Club	MV50 19:21
37	Natalie Neville	Hillsborough & Rivelin Running Club	FV45 19:33
38	Will Hitchmough	Steel City Striders	MSEN 19:36
39	Chris Wade	Killamarsh Kestrels	MV40 19:44
40	Emma Clossick	Hillsborough & Rivelin Running Club	FV35 20:01
41	Thomas Hardman	Kimberworth Striders	MSEN 20:08
42	Leisha Shiner	Hillsborough & Rivelin Running Club	FSEN 20:13
43	Liam Freeman	Unattached	MSEN 20:54
44	Chris Deakin	Unattached	MSEN 21:04
45	Beth Cole	Hillsborough & Rivelin Running Club	FV40 21:27
46	Mastan Ramezani	Sheffield Running Club	FV40 21:32
47	Colin Hardy	Steel City Striders	MV45 21:51
48	Sarah Jones	Unattached	FSEN 21:56
49	Anne Hegarty	Totley AC	FV55 22:28

50 Paul McWhirter	Sheffield Running Club	MV40	22:37
51 Julia Cobham	Hillsborough & Rivelin Running Club	FV40	22:37
52 John Nicholson	Hillsborough & Rivelin Running Club	MV65	23:14
53 David Higginbottom	Sheffield Running Club	MV55	23:29
54 Oliver Eagle	Hillsborough & Rivelin Running Club	MSEN	24:07
55 Steven Ross	Sheffield Running Club	MV40	24:25
56 Emma Burton	Sheffield Running Club	FV35	25:33
57 Louise Woffindin	Sheffield Running Club	FV35	26:44
58 Sara Corker	Sheffield Running Club	FV50	37:47
59 Rebecca Pierce	Sheffield Running Club	FV55	40:02