

## OVERALL

Position	Heat	Race #	Name	Club	Time	Ht. Position	M/F	Position	Category	Position
1	1	874	Steven Cahill		17:15	1	M	1	MSEN	1
2	1	897	Adam Dunajko	Hillsborough & Rivelin Running Club	17:34	2	M	2	MSEN	2
3	1	878	Rob Addenbrooke	Sheffield Running Club	17:53	3	M	3	MSEN	3
4	1	877	Tim Fletcher	Sheffield Running Club	17:53	4	M	4	MV40	1
5	1	884	Brendon Wain	Wakefield Harriers	18:05	5	M	5	MSEN	4
6	1	882	Amir Nanpazi	Sheffield Running Club	18:33	6	M	6	MV40	2
7	1	880	Edward Goodison	Totley AC	19:01	7	M	7	MSEN	5
8	1	887	Oliver Pike	Penistone Footpath Runners	19:28	8	M	8	MV40	3
9	1	896	Christopher Johnson	Steel City Striders	19:42	9	M	9	MV40	4
10	1	885	Elis Evans		19:48	10	M	10	MSEN	6
11	1	886	Richard Harrison	Selby Striders	20:24	11	M	11	MV50	1
12	2	917	Jenny Featherstone	Totley AC	20:31	1	F	1	FV40	1
13	1	890	Kiri Langmead		20:42	12	F	2	FV35	1
14	2	918	Ian Stinson	Steel City Striders	20:45	2	M	12	MV50	2
15	2	879	Richard Ward	Sheffield Running Club	20:50	3	M	13	MSEN	7
16	2	900	Rachael Mayston	Penistone Footpath Runners	21:08	4	F	3	FV50	1
17	2	883	Mastan Ramezani	Sheffield Running Club	21:15	5	F	4	FV40	2
18	2	920	Michael Walsh	Penistone Footpath Runners	21:20	6	M	14	MV40	5
19	2	875	David Napier	Penistone Footpath Runners	21:44	7	M	15	MV45	1
20	2	888	Colin Hardy	Steel City Striders	22:43	8	M	16	MV50	3
21	2	912	Paul Bentley	Steel City Striders	22:44	9	M	17	MV65	1
22	2	895	Steven Ross	Sheffield Running Club	22:58	10	M	18	MV40	6
23	2	919	Dave Beech	Steel City Striders	23:17	11	M	19	MV65	2
24	2	876	Steve Storey	Penistone Footpath Runners	23:28	12	M	20	MV65	3
25	2	915	Katrina Gillet	Steel City Striders	23:58	13	F	5	FV35	2
26	2	916	Paul Fryers	Penistone Footpath Runners	24:13	14	M	21	MV55	1
27	2	899	Helen Turner	Penistone Footpath Runners	24:56	15	F	6	FV40	3
28	2	891	Stuart Smith	Penistone Footpath Runners	25:18	16	M	22	MV65	4
29	2	898	Lindsey Banks	Steel City Striders	25:21	17	F	7	FV45	1
30	2	881	Mark Goodison	Totley AC	26:38	18	M	23	MV60	1
31	2	893	Steve Dommett	Penistone Footpath Runners	28:02	19	M	24	MV60	2
32	2	892	Sue Hall	Penistone Footpath Runners	28:21	20	F	8	FV60	1
33	2	889	Raymond Brown	Penistone Footpath Runners	31:30	21	M	25	MV70	1

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34	2	913	Sara Corker	Sheffield Running Club	35:51	22	F	9	FV50	2
35	2	914	Rebecca Pierce	Sheffield Running Club	36:33	23	F	10	FV55	1