



Damflask Road Relays 18th June 2024  
Mens Results 2024

Sponsored by



1	11	Hallamshire Harriers	Senior Men	Matthew Craig	18:04	Kieron Sexton	18:09	Jed Bartlett	18:00	Euan Brown	17:07	1:11:20
2	10	Hallamshire Harriers	Senior Men	Thomas Harrison	18:32	John Birch	18:23	Jamie Hall	18:06	Tommy Power	17:36	1:12:37
3	74	Hillsborough & Rivelin RC	Senior Men	Joe Sweetnam-Pov	18:36	Chris Jones	18:42	Matt Noble	19:23	Joe Harding	18:48	1:15:29
4	25	Barnsley AC	Senior Men	Gareth Cooke	18:29	Scott Hinchcliffe	18:23	Phil Montgomery	19:38	Michael Grain	20:05	1:16:35
5	55	Steel City Striders	Senior Men	Naeem Stevens	19:27	Liam Brennan	19:37	Steven Cahill	20:03	Rob Byers	19:19	1:18:36
6	75	Hillsborough & Rivelin RC	Senior Men	Jimmie Stuart	19:13	Mark Prince	19:09	Rory Follin	21:21	Daniel Smith	19:00	1:18:43
7	67	Sheffield RC	Mens M40	Rob Cassy	19:14	Steve Cox	21:02	Steve Canning	20:08	Keith Swainson	19:09	1:19:33
8	7	Doncaster AC	Senior Men	Lee Varley	19:05	Connor Anderson	20:10	Euan Carroll	20:58	Peter Badger	19:36	1:19:49
9	12	Hallamshire Harriers	Senior Men	David Lewis	19:07	Luke townsend	20:05	Joshua Panthradil	21:41	Christian Battersby	19:03	1:19:56
10	65	Sheffield RC	Senior Men	Dave Millns	19:19	Chris Moss	20:51	Ian Hill	20:51	Jonathan Shaw	20:01	1:21:02
11	80	Hillsborough & Rivelin RC	Mens M40	Alex Day	19:22	Jon Cooper	20:23	James Rose	21:21	Tom Clifford	20:15	1:21:21
12	34	Dronfield Running Club	Senior Men	Phil Skelton	19:26	Matthew Payne	20:38	Mike Robinson	21:06	Tom Baggely	21:25	1:22:35
13	28	Barnsley Harriers	Senior Men	Adam Chambers	20:02	Paul Johnson	20:48	David Hanks	20:59	Richard Spooner	21:17	1:23:06
14	46	Totley AC	Senior Men	Angus Eady	21:55	Charles Baker	21:13	Tom Hughes	20:24	Joel Paisley	21:19	1:24:51
15	26	Barnsley AC	Senior Men	Jack Bellamy	19:38	Adam Lavelle	20:34	Richard Copley	19:48	Kris Brown	25:46	1:25:46
16	48	Totley AC	Mens M40	Bart Shaw	19:48	Kevin Walker	21:51	Mark Anderson	22:30	Matthew Burden	22:21	1:26:30
17	77	Hillsborough & Rivelin RC	Senior Men	Lewis Bower	21:15	Matt Barrow	21:59	Finley Mitchell	22:16	Sam Strain	21:25	1:26:55
18	39	Penistone Footpath Runners AC	Senior Men	George Parr	19:12	William Hoyland	21:13	Sean Pitt	22:48	Ashley Howlett	24:35	1:27:48
19	45	Hallamshire Harriers	Mens M50	Paul Fauset	20:15	Mike Nolan	21:30	Jon Slate	22:32	Dean Furniss	23:34	1:27:51
20	32	Denby Dale AC	Mens M40	Adam Bloomfield	22:17	Ross McClelland	22:24	Richard walker	22:06	Pawel Cylich	21:40	1:28:27
21	56	Steel City Striders	Senior Men	Edward Shattock	21:24	Josh Chapman	22:09	Adam Brooks	22:30	Edward Shattock	22:27	1:28:30
22	78	Hillsborough & Rivelin RC	Senior Men	Joe Hibbert	22:27	Mark Ansell	22:10	Sam Royle	20:53	Charles Vickers	23:14	1:28:44
23	9	Doncaster AC	Senior Men	Jimmy Osborne	21:51	Mariusz Felczerek	21:18	Adam Cotterill	22:42	Chris Campbell	22:56	1:28:47
24	57	Steel City Striders	Mens M40	Louis Wood	21:20	Neil Schofield	23:06	Chris Wade	21:41	Malcolm Baggaley	22:52	1:28:59
25	13	Kimberworth Striders	Senior Men	Tom Burns	23:04	Keith Shore	22:39	Steve O'Neill	19:55	Liam Swift	23:25	1:29:03
26	4	Danum Harriers	Mens M40	Chris Moulton	23:54	James Holloway	21:45	Michael Plant	22:10	Chris Moran	21:18	1:29:07
27	58	Steel City Striders	Mens M40	Paul Johnson	21:46	Joel Kesterton	22:02	Jonathan Smith	22:58	Richard Carter	22:57	1:29:43
28	41	Penistone Footpath Runners AC	Mens M40	Gareth Irvine	21:56	Robert Lees	22:43	Oliver Pike	22:55	James Mumford	22:15	1:29:49
29	31	Denby Dale AC	Senior Men	Jonathan Ridge	22:01	Edwin Tinker Ives	21:43	Josh Ellis	22:16	Callum Robinson	24:05	1:30:05
30	81	Hillsborough & Rivelin RC	Mens M40	Chris Guy	22:22	Gareth Hague	22:19	Andrew Moore	22:29	Lee Baggaley	22:57	1:30:07
31	60	Steel City Striders	Mens M50	Adrian Fisher	20:51	Al Cook	23:07	Paddy Treehowes	23:34	Chris Lawson	23:50	1:31:22
32	69	Ackworth Road Runners	Senior Men	Laith Flannigan	22:06	jordan riple	23:23	joe worthington	21:46	dave hughes	24:35	1:31:50
33	14	Kimberworth Striders	Mens M40	Dan Birkinshaw	20:27	Kevin Doyle	24:08	Connor Swift	24:16	Mark Gladwin	24:02	1:32:53
34	42	Penistone Footpath Runners AC	Mens M50	John Broom	23:57	Matthew Robinson	22:19	Anthony Wright	21:58	Robin Clough	25:12	1:33:26
35	66	Sheffield RC	Senior Men	Matt Worthington	22:25	Matt Clarry	23:45	Richard Ward	23:50	Rob Addenbrooke	23:33	1:33:33
36	33	Denby Dale AC	Mens M50	Shaun Mollart	22:38	Dunstan Gibson	24:52	Darren Zemlick	22:14	Dave Lee	24:02	1:33:46
37	82	Hillsborough & Rivelin RC	Mens M50	Richard Tompkins	21:59	Ste Smith	24:01	Michael Ashworth	23:21	Andy Davies	24:59	1:34:20
38	79	Hillsborough & Rivelin RC	Senior Men	James Tero-Blaxha	23:17	David Chambers	24:13	Edward Wragg	23:31	Jack Bowman	23:35	1:34:36
39	1	Danum Harriers	Senior Men	Aaron Walker	24:32	Ben Chapman	22:55	Mark Harding	23:21	Pete Allison	24:03	1:34:51
40	44	Askern & District AC	Senior Men	Timothy Boynton	21:07	Ionut Tase	25:26	Paul Collingwood	26:46	Jody Murray	22:23	1:35:42
41	63	Steel City Striders	Senior Men	Harry Browne	23:50	Sam Ainscough	24:14	Danny Bent	23:53	Alex Briggs	23:54	1:35:51
42	51	Totley AC	Mens M50	Jason Parsons	25:42	Paul Grayson	23:35	Steve Pope	21:28	Martin Robbins	25:27	1:36:12
43	17	Kimberworth Striders	Senior Men	Mikey Garretty	24:31	Matt Allott	23:42	Yonathan Abraha	24:02	Craige Spencer	25:25	1:37:40





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Womens Results 2024

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1	168	Hallamshire Harriers	Senior Women	Chloe Potter	20:55	Lauren Heyes	18:37	Catherine Allen	20:40	1:00:12
2	167	Hallamshire Harriers	Senior Women	Lauren McNeil	18:46	Eve Pannone	20:59	Charlotte Slack	22:17	1:02:02
3	169	Steel City Striders	Senior Women	Simone Young Alls	21:47	Annie Chambers	22:09	Abbie Pearse	20:26	1:04:22
4	132	Barnsley AC	Senior Women	Naomi Drakeford	20:50	Christina Laking	24:37	Vicky Shaw	22:47	1:08:14
5	173	Steel City Striders	Womens F35	Caroline Brock	21:48	Hannah Holliday	24:39	Sian Evans	21:48	1:08:15
6	183	Hillsborough & Rivelin RC	Senior Women	Jihanna Bonilla-Allard	23:08	Leanne Lacey	23:09	Phoebe Bramley	22:20	1:08:37
7	189	Hillsborough & Rivelin RC	Womens F35	Amy Holland	22:32	Carla Gibbons	23:05	Lisa Giampalma	24:00	1:09:37
8	159	Totley AC	Womens F35	Jen Applegate	22:31	Jackie Sharpe	24:46	Vicky Brotherton	22:35	1:09:52
9	170	Steel City Striders	Senior Women	Emily Green	24:08	Sarah Thorne	23:00	Ellen Broad	24:57	1:12:05
10	146	Dronfield Running Club	Senior Women	Collette Gains	25:56	Eleanor Rose	24:50	Hannah Walker-Howard	21:35	1:12:21
11	161	Totley AC	Womens F45	Caz Kay	24:51	Liz Parsons	24:40	Sarah Harrison	23:58	1:13:29
12	155	Penistone Footpath Runners AC	Womens F45	Chloe Worth	26:44	Suzanne McGill	22:31	Rachael Mayston	24:36	1:13:51
13	190	Hillsborough & Rivelin RC	Womens F35	Tara Spillings	25:44	Hannah Butcher	23:41	Sarah Moore	25:37	1:15:02
14	180	Sheffield RC	Womens F35	Georgie Swainson	27:10	Helen Elmore	25:57	Rachel Rose	22:46	1:15:53
15	123	Rotherham Running Club	Senior Women	Rebecca Friar	23:27	Laura Mann	23:45	Sandra Ford	28:50	1:16:02
16	158	Totley AC	Senior Women	Hannah Gravett	22:55	Rachel Doole	28:33	Sophie Middleton	25:44	1:17:12
17	133	Barnsley AC	Senior Women	Tayla Brons	25:33	Claire Edwards	29:56	Naomi Drakeford	22:02	1:17:31
18	151	Penistone Footpath Runners AC	Senior Women	Emma Moore	24:59	Rhianna Banford	26:48	Hannah Shaw	25:51	1:17:38
19	174	Steel City Striders	Womens F35	Nicola Ross	25:27	Cara Hanson	26:54	Kathy Liddiard	25:18	1:17:39
20	111	Kimberworth Striders	Senior Women	Jo Rooney	25:17	Frances Coughlan	26:01	Olivia Taylor	26:44	1:18:02
21	186	Hillsborough & Rivelin RC	Senior Women	Emma Mavin	25:00	Charlotte Wade	26:56	Lily Battye	26:24	1:18:20
22	185	Hillsborough & Rivelin RC	Senior Women	Ellie Ingamells	26:47	Emma Clements	26:12	Sophie Thompson	25:49	1:18:48
23	162	Totley AC	Womens F45	Anna Home	26:21	Sarah Kotnis	26:05	Liz Carthy	26:37	1:19:03
24	120	Rotherham Harriers	Womens F35	Angela Lally	26:59	Michelle Harle	25:37	Lindsay Whitaker	28:03	1:20:39
25	176	Steel City Striders	Womens F45	Jacqui Herring	25:08	Caroline Greenough	26:51	Louise Rowley	28:44	1:20:43
26	192	Hillsborough & Rivelin RC	Womens F35	Amy Clarke	26:47	Rebecca Fay	27:46	Amy Wilks	26:48	1:21:21
27	191	Hillsborough & Rivelin RC	Womens F35	Alison Griffiths	26:03	Julia Cobham	26:27	Emma Beal	28:54	1:21:24
28	105	Danum Harriers	Womens F45	Lynn Hutchinson	29:03	Julie Adams	26:10	Eleanor Bull	26:44	1:21:57
29	171	Steel City Striders	Senior Women	Helen Royles-Jones	28:23	Victoria Johnson	28:10	Emily Green	25:48	1:22:21
30	136	Barnsley Harriers	Womens F45	Kelly Ford	28:48	Rachel Jardine	24:47	Paula Mills	29:32	1:23:07
31	108	Doncaster AC	Senior Women	Laura Lewis	29:10	Justyna Felczerek	26:06	Sophie James	28:20	1:23:36
32	152	Penistone Footpath Runners AC	Senior Women	Gemma Nutton	28:40	Jemma Williams	26:30	Emma Stead	28:31	1:23:41
33	103	Danum Harriers	Senior Women	Eleanor Storey	25:36	Tara Burkill	29:04	Katie Fairclough	29:12	1:23:52
34	143	Denby Dale AC	Senior Women	Grace Ellis	26:26	Lucy Fairburn	25:14	Daisy McClelland	32:43	1:24:23
35	164	Totley AC	Womens F55	Anne Hegarty	26:03	Liz Dally	27:26	Gillian Donohoe	30:55	1:24:24
36	175	Steel City Striders	Womens F35	Sharon Colyer	28:47	Colleen Moore	30:55	Caroline Brock	24:49	1:24:31
37	113	Kimberworth Striders	Senior Women	Lauren Corcoran	28:50	Helen Colton	29:39	Abigail Knight	26:18	1:24:47
38	160	Totley AC	Womens F35	kirsty Harper	27:25	Roz Massey	28:08	Lisa Cooper	29:31	1:25:04
39	179	Sheffield RC	Senior Women	Louise Woffindin	29:40	Jessica Horne-Rowan	27:22	Emma Burton	28:25	1:25:27
40	193	Hillsborough & Rivelin RC	Womens F35	Fran Allen	25:57	Bernadette Edge	30:06	Rhona Leadbetter	30:27	1:26:30
41	104	Danum Harriers	Womens F35	Laura Clark	27:24	Melissa Massarella	30:42	Rebecca Yorke	29:49	1:27:55
42	177	Steel City Striders	Womens F55	Dot Kesterton	26:44	Karen Clark	28:59	Carol Beattie	32:13	1:27:56
43	125	Rotherham Running Club	Womens F35	Sharon Halford	30:13	Suzanne Drew	27:51	Lauren Beasley	30:13	1:28:17





Damflask Road Relays 18th June 2024  
Mens M60 2024

Sponsored by



1	178	Steel City Striders	Mens M60	Jonathan Legon	24:20	Jed Turner	22:46	Chris Ireland	22:45	1:09:51
2	135	Barnsley AC	Mens M60	Chris McNicholas	23:01	Dave Brooksbank	23:41	Dean Wallace	26:45	1:13:27
3	107	Doncaster AC	Mens M60	Andrew Forsyth	24:03	Pete Wade	26:19	Malc Leggett	28:45	1:19:07
4	157	Askern & District AC	Mens M60	Stanley Williams	26:08	Graham Werrett	27:08	Paul Smith	26:45	1:20:01
5	166	Totley AC	Mens M60	Mick Crookes	23:15	Kevin Megson	27:05	Kieran Hickey	30:44	1:21:04
6	106	Danum Harriers	Mens M60	Andrew Pick	22:09	Stephen Stewardson	31:29	John Worthington	28:46	1:22:24
7	127	Rotherham Running Club	Mens M60	Graham Dodd	23:25	John Musgrove	27:41	Stuart Frith	33:21	1:24:27
8	118	Kimberworth Striders	Mens M60	Richard Finney	32:38	Patrick Rooney	29:22	Colin Earl	23:25	1:25:25
9	148	Kingstone Runners	Mens M60	Gary Tasker	30:04	Tim Wade	29:04	Gary Tasker	30:44	1:29:52
10	131	Valley Hill Runners	Mens M60	Peter Townsend	30:58	Michael Savage	29:38	Alan Pickard	31:17	1:31:53
11	156	Penistone Footpath Runners AC	Mens M60	Kelvin Bowskill	31:37	Stu Smith	31:01	Steve Domett	37:38	1:40:16



## Mens

<b>1st Place Mens Team</b>	11 Hallamshire Harriers	1:11:20
	Matthew Craig	18:04
	Kieron Sexton	18:09
	Jed Bartlett	18:00
	Euan Brown	17:07
<b>2nd Place Mens Team</b>	10 Hallamshire Harriers	1:12:37
	Thomas Harrison	18:32
	John Birch	18:23
	Jamie Hall	18:06
	Tommy Power	17:36
<b>3rd Place Mens Team</b>	74 Hillsborough & Rivelin RC	1:15:29
	Joe Sweetnam-Powell	18:36
	Chris Jones	18:42
	Matt Noble	19:23
	Joe Harding	18:48
<b>1st Place Mens Vet Over 40</b>	67 Sheffield RC	1:19:33
	Rob Cassy	19:14
	Steve Cox	21:02
	Steve Canning	20:08
	Keith Swainson	19:09
<b>1st Place Mens Vet Over 50</b>	45 Hallamshire Harriers	1:27:51
	Paul Fauset	20:15
	Mike Nolan	21:30
	Jon Slate	22:32
	Dean Furniss	23:34
<b>1st Place Mens Vet Over 60</b>	178 Steel City Striders	1:09:51
	Jonathan Legon	24:20
	Jed Turner	22:46
	Chris Ireland	22:45
<b>Fastest Male Leg</b>	11 Hallamshire Harriers	Leg D
	Euan Brown	17:07

## Womens

<b>1st Place Womens Team</b>	168 Hallamshire Harriers	1:00:12
	Chloe Potter	20:55
	Lauren Heyes	18:37
	Catherine Allen	20:40
<b>2nd Place Womens Team</b>	167 Hallamshire Harriers	1:02:02
	Lauren McNeil	18:46
	Eve Pannone	20:59
	Charlotte Slack	22:17
<b>3rd Place Womens Team</b>	169 Steel City Striders	1:04:22
	Simone Young Alls	21:47
	Annie Chambers	22:09
	Abbie Pearse	20:26
<b>1st Place Womens Vet Over 35</b>	173 Steel City Striders	1:08:15
	Caroline Brock	21:48
	Hannah Holliday	24:39
	Sian Evans	21:48
<b>1st Place Womens Vet Over 45</b>	161 Topley AC	1:13:29
	Caz Kay	24:51
	Liz Parsons	24:40
	Sarah Harrison	23:58
<b>1st Place Womens Vet Over 55</b>	164 Topley AC	1:24:24
	Anne Hegarty	26:03
	Liz Dally	27:26
	Gillian Donohoe	30:55
<b>Fastest Female Leg</b>	168 Hallamshire Harriers	Leg A
	Lauren Heyes	18:37